



WAIMĀNALO
HEALTH CENTER

2015 ANNUAL REPORT

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MISSION STATEMENT

Waimānalo Health Center is committed to providing the highest level of primary and preventive health services, with special attention to the needs of Native Hawaiians and the medically underserved, and improving the health and wellness of individuals and their 'ohana regardless of their ability to pay.

‘ŌLELO NO‘EAU

Ola i ka wai a ka'ōpua. There is life in the water from the clouds. Rain gives life.

2015 YEAR IN REVIEW

FEBRUARY 2015



Expanded hours in February 2015, allowing patients to see medical providers until 8pm on Mondays and Thursdays. The Dental Clinic stays open late on Thursdays until 7pm.

MARCH 2015



The health center partnered with Whole Foods Kailua in March 2015 for Community Support Day. Five percent of the day's sales were donated to the health center's Ola I Ka Wai Capital Campaign.

APRIL 2015



Unveiled building design of new building in April 2015. The design blends the past and present of Waimānalo. The facility will reflect the rural character of the area while presenting itself as a modern, professional healthcare center for the community.



CEO MESSAGE

Aloha mai kākou. 2015 was a good year for Waimānalo Health Center.

You – our patients, our `ohana – asked for longer hours; you wanted to make appointments after work, after your kids got out of school. The feedback you provide through our semi-annual patient survey doesn't go unnoticed. It took some time to coordinate, but we did it. For the first time in the history of the health center, we started offering after hours care until 8pm on a number of days during the week. You spoke, we listened.

Our Ola I Ka Wai Capital Campaign was launched in spring 2014. By summer 2015 we were ready to invite neighbors, community members, and supporters to join the campaign. We marked the special occasion with a Ground Blessing Ceremony and Community Health Fair in June.

2015 was also a year of recognition. Waimānalo Health Center received a number of nominations and awards for a variety of programs. Whole Foods Kailua selected the health center as the beneficiary of their "5% Days" where five percent of a day's net sales are donated to a local nonprofit or educational organization. Pacific Business News nominated the health center as one of Hawaii's healthiest employers and best workplaces, and the Hawaii Psychological Association, in cooperation with the American Psychological Association, named Waimānalo Health Center the 2015 Psychologically Healthy Workplace, Non-Profit winner. We are truly grateful to the community for the support we received.

Mahalo for your continued support. We look forward to reporting more good news in 2016 and the years to come.

Aloha,

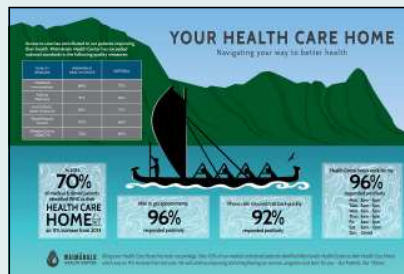
Mary Frances Oneha
Chief Executive Office

JUNE 2015



Hosted a ground blessing ceremony to mark the beginning of the Ola I Ka Wai Capital Campaign to raise funds for a new medical building. The ground blessing ceremony, held in June, also included a community health fair attended by patients, community members, and health center supporters.

AUGUST 2015



Feedback from our annual patient survey showed overall satisfaction in health center programs and services. It is our pleasure to serve our patients, our `ohana every day.

NOVEMBER 2015



Waimānalo Health Center was named the 2015 Psychologically Healthy Workplace, Non-Profit Winner by the Hawai'i Psychological Association in November 2015. The health center was also recognized as a finalist in Pacific Business News' Best Places to Work 2015, and Healthiest Employers 2015 celebrations that took place earlier in the year.

FINANCIAL OVERVIEW

Revenue	2015	2014
Total Revenue	\$ 7,360,306	5,906,507
Patient Revenue	\$ 3,775,575	2,698,048
State & Other Grants	\$ 1,629,309	1,679,475
Federal Grants	\$ 1,553,770	1,203,457
Contributed Goods & Services	\$ 248,631	263,173
Interest & Other Revenue	\$ 87,954	31,691
Cash Donations	\$ 65,067	30,123

Expenses	2015	2014
Total Expenses	\$ 6,856,287	6,398,115
Medical Services	\$ 3,991,050	3,631,001
Dental Services	\$ 985,139	904,082
Administrative	\$ 924,753	936,104
Community Services	\$ 799,231	772,515
Fundraising	\$ 156,114	154,413



Waimānalo Health Center offered lunchtime yoga sessions in 2015. Patients, community members and staff enjoyed participating in this free, weekly activity.

DEMOGRAPHICS OVERVIEW

Number of Patients	2015	2014
	4,734	4,511
Patient Gender	2015	2014
Female	57%	57%
Male	43%	43%
Patient Age	2015	2014
1-17 years	28%	30%
18-34 years	27%	28%
35-64 years	37%	36%
65+ years	8%	6%
Insurance	2015	2014
Medicaid	61%	58%
Medicare	06%	06%
Private	18%	17%
Uninsured	14%	18%
Race	2015	2014
Native Hawaiian	52%	50%
Other Pacific Islander	9%	17%
Caucasian	18%	17%
Asian	14%	6%
Other	7%	10%
Location	2015	2014
Waimānalo	53%	54%
Kailua	16%	15%
Kāneʻohe	13%	13%
Other	18%	18%



June 10, 2015 was declared "Waimānalo Health Center Ola I Ka Wai Day" by Governor David Ige and Lt. Governor Shan Tsutsui. The proclamation was presented to the health center in celebration of its ground blessing ceremony and launch of the Ola I Ka Wai Capital Campaign.



Waimānalo Health Center's youth mentoring program, Kū I Ka Māna, hosts seasonal programs for keiki on break from Windward O'ahu schools. Kū I Ka Māna's 2015 Summer Program students enjoyed a fun-filled weekend at Camp Mokulē'ia.



Congresswoman Tulsi Gabbard hosted a Healthcare Roundtable at the health center in August during Community Health Center Week. She met with CEO's from health plans across Hawai'i.

KALEO KUPAHU'S STORY

“Show your `ohana how much you love them by learning to love yourself.”

How did you come to know Waimānalo Health Center?

I started coming to the health center back in the day, before it was called Waimānalo Health Center. Back when neighbors called it the Beehive. It was a gathering place for women, keiki and community in the 60s and 70s. My family came for regular checkups and stayed for the activities and fellowship.

How and why did you decide to get involved with programs offered at the health center?

I enjoy being an active community member. It keeps me healthy and happy.

I was diagnosed with diabetes in 2010. I knew what I had to do to get better but *knowing* and *doing* are different things. It took me a while to start ‘doing’ but the health center was there for me when I was ready to get better and beat diabetes.

I started attending classes to

educate myself, and asked questions during appointments to better understand my body and my role in the healing process. My health care team - Dr. Christina Lee, the medical assistants in `Ulu Clinic, and the dietitians - worked with me to create a care plan that suited my lifestyle. I could work on things slowly and at my own pace. Knowing this gave me a positive outlook and gave me confidence to take charge of my life. Since then, my test results have been better than ever, and I’m learning how to lose weight and maintain healthy habits.

I now serve on an advisory committee at the health center where I use my experience as a long-time patient and community member to help plan for the future of care not only at the health center, but for Waimānalo and the entire windward coast.

Any words of advice for others working on their health?

My kids and mo`opuna tell me all the time, “Mom, if you love us, take care of yourself.” I love them. I love them so very much. I’m determined to show them how much I love them by working on myself and staying healthy and happy for as long as the good Lord allows. You can do it too - show your `ohana how much you love them by learning to love yourself. In this chapter of our lives - old age, retirement - we have the luxury of time to take care of ourselves. We don’t have to report to a job site anymore. Our job now is to report to ourselves and to remain in good health for as long as we can. Please get started today.



Kaleo, in the red mu`umu`u, with some of her family members.



Kaleo showing off her Niu Bucks - points collected during classes. Participants trade Niu Bucks for prizes during the last week of class.

2015 DONORS

Waimānalo Health Center would like to express our deepest and most sincere gratitude to all of our donors. Your financial support allows us to continue working toward improved health and wellness for Waimānalo and the entire Ko'olaupoko district. Mahalo nui loa for your continued aloha.

Ola I Ka Wai

Capital Campaign Donors

New contributions received in 2015. Visit our website for a complete list of donors.

Individuals & Families

Laulima (\$25,000 - \$49,999)

Stanley & Cynthia Kodama

Lōkahi (\$10,000 - \$24,999)

Victor & Anita Lim

Maika'i (\$5,000 - \$9,999)

Isaac & Heipua Ka'ōpua

Ho'okipa (\$0.01 - \$499)

Jill Oliveira Gray

Marilyn Leimomi Khan

Organizations, Foundations, & Trusts

Pono (\$1,000,000 - \$1,999,999)

HRSA (U.S. Department of Health and Human Services Bureau of Primary Health Care Health Resources and Services Administration)

Waimānalo Health Center

Kuleana (\$50,000 - \$999,999)

State of Hawai'i GIA (Grants in Aid)

Hō'ihi (\$100,000 - \$499,999)

Victoria S. and Bradley L. Geist Foundation

Ha'aha'a (\$50,000 - \$99,999)

HMSA Foundation

Bank of Hawai'i Foundation

Samuel N. & Mary Castle Foundation

Laulima (\$25,000 - \$49,999)

Island Insurance Foundation

City Mill Company, Ltd./ Chung Kun Ai Foundation

Lōkahi (\$10,000 - \$24,999)

Central Pacific Bank Foundation

`Olu'olu (\$1,000 - \$4,999)

Whole Foods Market Kailua

Aloha Foundation

John and Allison Lyles Fund of the

Hawai'i Community Foundation

Jhamandas Watumull Fund

Aloha United Way

Donors listed below contributed to the health center through Aloha United Way in 2015.

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Anonymous

Anonymous

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Annual Giving Donors

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Kupukupu (\$100 - \$499)

John Keoni Aylett

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John McComas & Christine Kobayashi

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Kawai Miller

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`Akulikuli (\$1 - \$99)

Brenda Birdine

Kathy Conner

Kahikino Noa Dettweiler-Pavia

Andrew Jamila

Renee Kama

Maenani McAulton

Glenn Teraoka

Organizations, Foundations, & Trusts

Koki'o (\$1,000 - \$2,499)

Cultural Surveys Hawai'i, Inc.

Kupukupu (\$100 - \$499)

Don Smith Fund



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Cover image of the Ko'olau Range provided by Traci Higashi