RESOURCES GUIDE

For Windward O‘ahu

41-1347 Kalaniana‘ole Highway
Waimānalo, Hawai‘i 96795-1247
Main: (808) 259-7948
Dental: (808) 259-4266
Website: www.waimanalohealth.org
E-mail: whc@waimanalohealth.org

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Getting Started

There are many agencies on the Windward Coast that are available to assist you. Some things you may need to do that these agencies could assist you with include:

- Replacing lost or stolen identification such as birth certificates, state identification or a social security card
- Going to see a doctor or nurse if you are sick
- Getting treatment for a substance use or mental health issue
- Getting food at reduced or no cost
- Finding transportation to appointments
- Getting an income or increasing your income either by a job or training program
- Finding temporary housing
- Finding childcare if you need to work or go to appointments
Child Care, Preschool and Play Activities

**ALU LIKE, Inc.**

Pūlama I Nā Keiki

458 Keawe Street, Honolulu, HI 96813

**Services:** Prenatal and parent/child services including home visits, workshops, parent/toddler groups

**Eligibility:** Prenatal and children of Hawaiian or part-Hawaiian ancestry

**Fee:** Free

**Phone Number:** (808) 535-1317 (O‘ahu)
(808) 668-0553 (Leeward O‘ahu)

**Website:** [http://www.alulike.org/services/ho_pulama.html](http://www.alulike.org/services/ho_pulama.html)

**Referral:** No

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**City and County of Honolulu**

**Department of Parks and Recreation - Summer Fun**

(Call for nearest location)

**Services:** 5-weeks of summer activities at over 60 sites island wide. Children enjoy a wide variety of arts and crafts, sports and games, excursions, and special events. June 12th - July 24th, Monday – Friday, 8:30am – 2:00pm. Extended hours are available at specific sites.

**Eligibility:** Children age 5 before beginning of the year or completed kindergarten through 6th grade

**Fee:** $25 registration fee (waived for families receiving state aid) and up to $75 for activity fees

**Phone Number:** (808) 373-8013 (East Honolulu)
(808) 522-7070 (West Honolulu)
(808) 675-7130 (Leeward/Central O‘ahu)
(808) 233-7307 (Windward O‘ahu)

**Website:** [http://www.honolulu.gov/parks.html](http://www.honolulu.gov/parks.html)

**Referral:** No
City and County of Honolulu

Tiny Tots Early Childhood Programs

Various locations

**Services:** Playgroups for young children, age varies from 3 years old and up. Available in various parks throughout O‘ahu.

**Eligibility:** Parent, grandparent, or guardian of young child (age depends on area)

**Fee:** Call for Pricing

**Phone Number:** (808) 239-6594 (Waialua to Waimānalo)

**Website:** N/A

**Referral:** No

Hawai‘i Department of Human Services

Child Care Connection Hawai‘i

49 South Hotel Street Suite 301, Honolulu, HI 96813

**Services:** Provides families with: subsidies to help with child care expenses; guidance in selecting a childcare provider; information about quality child care programs; and referrals to community resources for help with other concerns.

**Eligibility:** Children ages 0-13 (or 13-18 who cannot do self-care); parents/caretakers must be employed, attending school, or in job training program; within income limits by family size; DHS resource families can apply without their income being considered

**Fee:** Free

**Phone Number:** (808) 566-2600 (ARBOR O‘ahu)


**Referral:** No
**Honolulu Community Action Program (HCAP)**

**Head Start**

33 South King Street Suite 300, Honolulu, HI 96813

**Services:** Comprehensive child development program for families with preschool-aged children; Part and full-day programs and home based services island-wide

**Eligibility:** Children 3-5 years old, priority to low-income (including foster children) and special needs

**Fee:** Free (part-day) or affordable costs (full-day)

**Phone Number:** (808) 847-2400 (for application and additional information)

**Website:** [http://www.hcapweb.org/headstart.html](http://www.hcapweb.org/headstart.html)

**Referral:** No

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**INPEACE (Institute for Native Pacific Education and Culture)**

**Keiki Steps to Kindergarten**

91-110 Hanua Street Suite 210, Kapolei, HI 96707

**Services:** A 2 to 3 week summer transition program to help students entering Kindergarten adjust to the school setting.

**Eligibility:** Registered children for Kindergarten, priority given to children with little or no preschool experience

**Fee:** Free

**Phone Number:** (808) 693-7222

**Website:** [http://www.inpeace-hawaii.org](http://www.inpeace-hawaii.org)

**Referral:** No

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**Kamehameha Schools**

**Pauahi Keiki Scholars (PKS) - Preschool**

567 South King Street Suite 102, Honolulu, HI 96813

**Services:** A need-based scholarship program providing financial assistance for 3- and 4-year old keiki to attend a quality preschool in the state of Hawai’i
**Eligibility:** Child must be Hawai‘i resident, 3 or 4 years old, be enrolled in a PKS-eligible preschool; preference given to applicants of Hawaiian ancestry

**Fee:** Processing fee of $20, fee waivers may be available

**Phone Number:** (808) 534-8080 or 541-5300

**Website:** [http://www.ksbe.edu/finaid](http://www.ksbe.edu/finaid)

**Referral:** No

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**Keiki O Ka ‘Aina**

**HIPPY (Home Instruction for Parents of Preschool Youngsters)**

3097 Kalihi Street, Honolulu, HI 96819 (Other locations available on O‘ahu)

**Services:** Family-based, early childhood education program for kindergarten readiness.

**Eligibility:** Families with children 3-5 years old. Priority is given to families with children who are not enrolled in a center-based preschool and are of Hawaiian or Part-Hawaiian descent.

**Fee:** Free Children’s Program (Preschool age)

**Phone Number:** (808) 843-2502

**Website:** [http://www.koka.org/hippy](http://www.koka.org/hippy)

**Referral:** No

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**Keiki O Ka ‘Aina**

**Kulia I Ka Nu‘u - AIM-HI (Accelerated Interactive Montessori-Home Instruction)**

3097 Kalihi Street, Honolulu, HI 96819 (Other locations available on O‘ahu)

**Services:** Home-based preschool curriculum designed to give Native Hawaiian children ages 3-5 a jumpstart on school readiness by integrating the Montessori approach and Hawaiian culture.

**Eligibility:** Families with children ages 3-5. Enrollment preference is given to Native Hawaiian children.

**Fee:** Free or affordable fee, call for more information

**Phone Number:** (808) 843-2502
Keiki O Ka ‘Aina

Parent Participation Preschool (PPP)
3097 Kalihi Street, Honolulu, HI 96819

Services: Traveling preschools that meet three days a week in different communities, supporting parents as their child's first and best teacher by providing enriching experiences and opportunities for them to become leaders in their child’s education.

Eligibility: Families with children ages 3 months to 5 years. Enrollment preference is given to Native Hawaiian children.

Fee: Free or affordable fee, call for more information

Phone Number: (808) 843-2502

Website: http://www.koka.org/PPP

Referral: Call for more information

Keiki O Ka ‘Aina

Parents As Teachers (PAT)
3097 Kalihi Street, Honolulu, HI 96819

Services: Through home visits, the program offers parents practical and research-based strategies to encourage their children's intellectual, language, social-emotional, and motor skills.

Eligibility: Families with an infant or toddler and expectant mothers. Enrollment preference is given to Native Hawaiian families.

Fee: Call for more information

Phone Number: (808) 843-2502

Website: http://www.koka.org/parentsasteachers

Referral: Call for more information
**Partners in Development**

**Tutu and Me**

Locations vary - call for more information

**Services:** Free early childhood program for children ages birth to 5 years and their caregivers. The innovative traveling preschool program provides learning opportunities for children’s social, language/literacy, cognitive, physical, and emotional development.

**Eligibility:** Grandparent or caregiver of a child age birth to 5 years old.

**Fee:** Free

**Phone Number:** (808) 524-7633 (O‘ahu)

**Website:** [http://www.pidf.org/programs/tutu_and_me/about](http://www.pidf.org/programs/tutu_and_me/about)

**Referral:** No

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**PATCH (Parents Attentive to Children)**

**Child Care Resource and Referral Agency**

650 Iwilei Road Suite 205, Honolulu, HI 96817 (Other addresses available on Hawai‘i, Maui, and Kauai)

**Services:** Child care resource and referral agency assisting families to learn about different types of child care and subsidies available in the community, how to choose quality child care and where to get help with other special and personal child care needs

**Eligibility:** Families with young children

**Fee:** Free

**Phone Number:** (808) 839-1988 (O‘ahu)

**Website:** [http://www.PatchHawaii.org](http://www.PatchHawaii.org)

**Referral:** No
PATCH (Parents Attentive to Children)

Early Head Start
1485 Linapuni Street Suite 105, Honolulu, HI 96819

Services: Prenatal, infant/toddler program that is designed to nurture and support parents and children by building on the families' strength. Home-based services and centers for children 6 weeks to 3 years old

Eligibility: 0-3 years old or pregnant, priority to low-income (including foster children) and special needs

Fee: Free (part-day), affordable (full-day)

Phone Number: (808) 842-5996
Website: http://www.pacthawaii.org
Referral: No

PATCH (Parents Attentive to Children)

Preschool Open Doors
650 Iwilei Road Suite 205, Honolulu, HI 96817

Services: Provides state-wide services to families sending their children to a licensed preschool during the school year prior to their entering kindergarten, increasing school readiness for children four years old and three year olds with special needs.

Eligibility: Determined during a limited period of open enrollment in the Spring, depending on the availability of funds, and for department identified geographic areas. Age of children (3 or 4), income, and family size are primary considerations for assistance.

Fee: Based on income, call for more information

Phone Number: (808) 791-2130
Website: http://www.patchhawaii.org/families/paying/preschool
Referral: No
**Department of Human Services Preschool Subsidies**

**Preschool Open Doors**

Call for location

**Services:** Call for more information

**Eligibility:** Call for more information

**Fee:** Call for more information

**Phone Number:** (808) 791-2130

**Website:** Call for more information

**Referral:** Call for more information

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**The Institute for Family Enrichment (TIFFE)**

**Parent-Child Mobile Outreach Program**

615 Pi’ikoi Street Suite 105, Honolulu, HI 96814

**Services:** Array of components of early intervention community service such as play groups, parenting classes, infant massage and much more.

**Eligibility:** Families with children birth to age 5 years old.

**Fee:** Call for more information

**Phone Number:** (808) 596-8433 (O’ahu)

**Website:** [http://www.tiffe.org](http://www.tiffe.org)

**Referral:** Call for more information
The Kamehameha Schools Early Childhood Education

Hi’ilani Program
41-235 Ilauehole Street, Waimānalo, HI 96795

Services: Early childhood family education program that supports children's social and emotional development and school readiness; parent-child interaction classes, prenatal classes, family education activities, screenings, referral, and individual

Eligibility: Families and/or caregivers with children newborn up to age 3.

Fee: Free

Phone Number: (808) 426-1450 (Waimānalo)

Website: http://blogs.ksbe.edu/preschool/hiilani/

Referral: No

The Kamehameha Schools Early Childhood Education

Kamehameha Preschools
1887 Makuakāne Street, Honolulu, HI 96817
(Other addresses available on O‘ahu, Hawai‘i, Maui, Kauai, and Moloka‘i)

Services: Early education preschool based on the belief that children learn best with the help of their parents, teachers and peers through experience with their physical and social environment.

Eligibility: 3 and 4 year old children; preference is given to children of Hawaiian descent.

Fee: Modest tuition; Financial aid is available

Phone Number: (808) 842-8800 (O‘ahu)

Website: http://preschool.ksbe.edu/

Referral: No
Crisis Services

Child and Family Service
Domestic Violence Hotline
Phone Number: (808) 841-0822

Developing Options to Violence Program
200 North Vineyard Boulevard Building B, Honolulu, HI 96817

Services: Offers a full spectrum of services to women, men, and adolescents (13 years and up) in the intervention and prevention of domestic violence

Eligibility: Priority is given to Judiciary family court referrals and other referrals are accepted as space is available

Fee: Fees are based on contractual obligations and a sliding scale

Phone Number: (808) 532-5100 (O‘ahu)
Website: http://www.childandfamilyservice.org/
Referral: Call for more information

Child and Family Service
Domestic Violence Advocacy Services
200 North Vineyard Boulevard Building B, Honolulu, HI 96817

Services: Provides supportive services to Domestic situations, including assessment, safety plan, individual service plan, case management, information, counseling, transitioning to First-to-Work, financial planning, and time management

Eligibility: Receiving TANF or TAONF and domestic violence is preventing you from holding a job or taking care of yourself/children

Fee: Free

Phone Number: (808) 585-2712 (O‘ahu)
Website: http://www.childandfamilyservice.org/
Referral: Call for more information
Child and Family Service

Sexual Abuse Treatment Services

200 North Vineyard Boulevard Building B, Honolulu, HI 96817

Services: Sexual Abuse Treatment Services provides individual, parent/child, couple and family therapy. Also available, Non-Offending Caretakers Group. Group therapy for child victims ages 3-18, Adults Molested as Children program, and Offenders Groups.

Eligibility: Families and children that have experienced sexual abuse and are referred by DHS; Adults with childhood sexual abuse issues

Fee: Free, except offender pays $20/month for restitution therapy

Phone Number: (808) 543-8494 (O‘ahu)

Website: http://www.childandfamilyservice.org/

Referral: Call for more information

Dept. of Health - Adult Mental Health Division

ACCESS Line

P.O. Box 3378, Honolulu, HI 96801

Services: Provides a team of trained and experienced professionals to provide help in times of mental health crisis; available 24 hours a day, 7 days a week

Eligibility: Adults with serious mental illness or in acute mental health crisis and their family members

Fee: Free

Phone Number: (808) 832-3100 (O‘ahu)

Website: http://health.hawaii.gov/amhd/consumer/access/

Referral: Call for more information
Domestic Violence Action Center

HelpLine
P.O. Box 3198, Honolulu, HI 96801

Services: Referrals and procedural information for obtaining TRO's (temporary restraining orders), applying for child support, reporting child abuse and using the justice system. Listens without judgment and assists a person to make decisions for him/herself.

Eligibility: Victim, as well as, family member, employers, healthcare professionals, teachers, or other community professionals who have any questions

Fee: Free

Phone Number: (808) 531-3771 (O'ahu Helpline)

Website: http://www.stoptheviolence.org

Referral: Call for more information

Mental Health Kokua

Crisis Services
1221 Kapi'olani Boulevard Suite 345, Honolulu, HI 96814


Eligibility: In need of services

Fee: Most services are covered by medical insurance, call for more information

Phone Number: (808) 737-2523

Website: http://www.mentalhealthkokua.org

Referral: Call for more information
**Joyful Heart Foundation**

**Namelehuapono Wahine**

245 North Kukui Street Suite 102A, Honolulu, HI 96817

**Services:** Sexual abuse, domestic violence and child abuse services

**Eligibility:** Hawaiian or Polynesian survivor

**Fee:** Free

**Phone Number:** (808) 531-3520

**Website:** [http://www.joyfulheartfoundation.org](http://www.joyfulheartfoundation.org)

**Referral:** No

**Shelter and Crisis Lines For Family Violence**

**Shelter and Crisis Lines For Family Violence** (24-Hours)

Call for more information

**Services:** Sexual abuse, domestic violence and child abuse services

**Eligibility:** Call for more information

**Fee:** Free

**Phone Number:** (808) 526-2200 Windward

**Website:** N/A

**Referral:** No
Employment and Education

ALU LIKE, Inc.
Ho`omanea Oiwi- Employment and Training Program
458 Keawe Street, Honolulu, HI 96813

Services: Year-round employment and training services in the Hawaiian community which includes, outreach, intake, assessment, career counseling, work experience, occupational skills training, educational and tuition

Eligibility: Youth ages 14-21 years old and adults 18 years and older

Fee: Call for more information

Phone Number: (808) 534-6750 (O‘ahu)

Website: http://www.alulike.org

Referral: Call for more information

ASSETS School
One `Ohana Nui Way, Honolulu, HI 96816

Services: An independent K-12 school educating students who are gifted and/or dyslexic.

Eligibility: Students ages 5-18 with learning disabilities, dyslexia and/or giftedness

Fee: Call for tuition costs. Tuition aid available.

Phone Number: (808) 423-1356

Website: http://www.assets-school.net

Referral: Call for more information
**Child and Family Service**

**Hale O Ulu**

91-1841 Fort Weaver Road, Ewa Beach, HI 96706

**Services:** Private, secondary alternative school for youth who may have adjustment problems, preventing them from succeeding in public schools. Provides academic instruction; independent study; individual, group, and family counseling; and family life education

**Eligibility:** Individuals in grades 7-12 that have been identified by the DOE or Family Court

**Fee:** Free

**Phone Number:** (808) 681-1580

**Website:** [http://www.childandfamilyservice.org](http://www.childandfamilyservice.org)

**Referral:** Call for more information

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**City and County of Honolulu- Work Hawai`i**

**Job Seeker Services**

1505 Dillingham Boulevard Suite 110, Honolulu, HI 96817

**Services:** One Stop Centers offers job search assistance, personal career planning services, training opportunities, complimentary office services, library resource center, and variety of workshops

**Eligibility:** Those looking for employment or training needed for higher-paying jobs

**Fee:** Free

**Phone Number:** (808) 768-5700 (Honolulu)

**Website:** [http://www.Hirenethawaii.com](http://www.Hirenethawaii.com)

**Referral:** Call for more information

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**City and County of Honolulu- Work Hawai`i**

**Youth Services Center**

1505 Dillingham Boulevard Suite 206, Honolulu, HI 96817
Services: One Stop facility which provides services to at-risk, disadvantaged, and offender youth and young adults through youth developments, educational, and employment training programs.

Eligibility: Youth ages 14-24; low-income or an offender; Each program has its own criteria

Fee: Free

Phone Number: (808) 768-5700 (Dillingham)

Website: http://www.Hirenethawaii.com

Referral: Call for more information

Family Programs Hawai`i

eXcel

250 Vineyard Street, Honolulu, HI 96813

Services: Guides high school seniors in foster care to successfully prepare for and enter postsecondary education or vocational training. Support will be provided in the application process and completing financial aid and scholarship applications.

Eligibility: High school seniors in foster care interested in attending college or vocational training

Fee: Free

Phone Number: (808) 521-9531

Website: http://www.familyprogramshawaii.org

Referral: Call for more information

Hale Kipa

Transitional Living Program

2146 Damon Street, Honolulu, HI 96822

Services: Servicing former foster youth with higher education payee services, housing and job readiness/maintenance, and independent living skills
**Eligibility:** Young adults formerly in foster care, ages 18-22 (up to 26 if receiving higher education payments)

**Fee:** Free

**Phone Number:** (808) 589-1829 ext. 200

**Website:** [http://www.halekipa.org](http://www.halekipa.org)

**Referral:** Call for more information

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**Hawai‘i Community Foundation**

827 Fort Street Mall, Honolulu, HI 96813

**Services:** Hawai‘i Community Foundation's scholarship program consists of over 150 different scholarship funds established by generous individuals, businesses or organizations to assist Hawai‘i's residents in obtaining a college education.

**Eligibility:** Each scholarship has specific requirements. The Victoria S. and Bradley L. Geist Foundation Scholarship is for those currently or formerly placed in the foster care system in the state of Hawai‘i.

**Fee:** Free

**Phone Number:** (808) 537-6333

**Website:** [http://www.hawaiicommunityfoundation.org](http://www.hawaiicommunityfoundation.org)

**Referral:** Call for more information

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**Hawai`i Department of Education**

**Community Schools for Adults**

1101 Kalihi Street, Honolulu, HI 96819

**Services:** Offers a wide variety of courses including basic/advanced elementary education, secondary education, adult literacy, homemaking, parenting, community education, naturalization training and culture. See online listing for specific courses offered

**Eligibility:** All persons 18 years and over. Although, 16-17 year olds with a 4140 can enroll
Fee: Fees for classes vary
Phone Number: (808) 254-7955 (Windward)
Website: [http://www.hawaiipublicschools.org/TeachingAndLearning/AdultEducation/Pages/Home.aspx](http://www.hawaiipublicschools.org/TeachingAndLearning/AdultEducation/Pages/Home.aspx)
Referral: Call for more information

**Hawai`i Job Corps Center**

**Education and Career Technical Training Program**

41-467 Hīhimanu Street, Waimānalo, HI 96795

**Services:** Residential and non-residential programs which provide basic education, vocational and social skills training for out-of-school youth. Provides GED program and assistance with job placement. Facilities are on Oahu and Maui.

**Eligibility:** Youth 16-24 years old and must meet federal low income guidelines

**Fee:** Free

**Phone Number:** (808) 259-6001

**Website:** [http://hawaii.jobcorps.gov/Home.aspx](http://hawaii.jobcorps.gov/Home.aspx)

**Referral:** Call for more information

**Hawai`i National Guard**

**Youth Challenge Academy**

P.O. Box 75348, Kapolei, HI 96707

**Services:** Operates a competency based high school diploma program offered in a military based environment during a 22-week residential phase and a second 12-month phase helping participants enroll in higher education, a technical school program or obtain a job.
**Eligibility:** Youth 16.5-18 years old, failing school or dropped out, who voluntarily participate, US citizen and Hawai‘i resident, free from pending charges and drug free.

**Fee:** Free

**Phone Number:** (808) 673-7530

**Website:** [http://dod.hawaii.gov/yca/](http://dod.hawaii.gov/yca/)

**Referral:** Call for more information

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**Hawai‘i State Department of Education**

**Enrolling in Public School or Public School Special Needs Education**

1390 Miller Street, Honolulu, HI 96813

**Services:** Enrolling in Public Schools, extracurricular activities, transportation to school, special education. Special education is designed instruction to meet the unique needs of students with disabilities; services may include, but is not limited to: academic services, speech-language services, psychological services, physical and occupational therapy, counseling services, and parent education. Special education services are provided at no cost to parents

**Eligibility:** Ages K-18 years and students with special needs disabilities

**Fee:** Free

**Phone Number:** (808) 586-3230

**Website:** [http://www.hawaiipublicschools.org](http://www.hawaiipublicschools.org)

**Referral:** Call for more information

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**Honolulu Community Action Program (HCAP)**

**Youth Services**

33 South King Street Suite 300, Honolulu, HI 96813
Services: Youth Services Education Program offers classes for both out-of-school and in-school youth to obtain their high school equivalency diploma. Youth Service Employment Program provides job training and placement for out-of-school and in-school youth.

Eligibility: Youth, ages 16-21 years old, low-income (foster youth qualify)

Fee: Please call for more information

Phone Number: (808) 591-1766

Website: http://www.hcapweb.org

Referral: Call for more information

It’s All About Kids
677 Ala Moana Boulevard Suite 720, Honolulu, HI 96813

Services: After school tutoring to eligible K-12 students statewide. Program is computer based, interactive and fun. Rewards for completion: MS/HS students receive netbook computer and Elementary students get to choose prizes.

Eligibility: Students in grades K-12, attending eligible schools and receiving free or reduced lunch rate. Call to see if eligible.

Fee: Free

Phone Number: (808) 487-5437 (O‘ahu)

Website: Call for more information

Referral: Call for more information

Kupu
Hawai`i Youth Conservation Corps
677 Ala Moana Boulevard Suite 1200, Honolulu, HI 96813

Services: The Hawai`i Youth Conservation Corps is centered on environmental conservation, restoration, education, and cultural awareness. HYCC gives individuals the opportunity to work outdoors with environmental agencies across Hawai`i and learn
the principles of natural resource stewardship, while gaining valuable experience, knowledge, and skills that assist them in continuing their life pursuits.

**Eligibility:**
US citizen, national or lawful permanent resident alien, able to commit to specific program requirements, age (17 years old +) and additional requirements vary by program (21+ team leader, 17-20 years old for summer member).

**Fee:**
Free

**Phone Number:**
(808) 735-1221

**Website:**
http://www.kupuhawaii.org/hycc/

**Referral:**
Call for more information

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**Newman Consulting Services, LCC**

**Career Education Business Program**

1019 Waimanu Street Suite 207, Honolulu, HI 96814

**Services:**
Training program that teaches computer basics, including Microsoft Word, Excel, Publisher, PowerPoint, office systems accounting and administrative office procedures. Also, internship opportunities, job placement assistance and student support.

**Eligibility:**
Call regarding eligibility for financial assistance. Applicants are not required to have a HS diploma or GED to enroll.

**Fee:**
Students can receive financial assistance if they qualify.
Call for more information.

**Phone Number:**
(808) 596-0200

**Website:**
http://www.newmanconsultingservices.com

**Referral:**
Call for more information
University of Hawai`i Maui Community College

Liko A`e Native Hawaiian Scholarship Program

310 Ka`ahumanu Avenue, Kahului, HI 96732

Services: The Liko A`e Native Hawaiian Leadership Program is committed to serving Native Hawaiian students pursuing higher education by providing scholarships, mentoring services, internship opportunities and counseling support.

Eligibility: Hawaiian Ancestry, a US citizen, be an undergraduate or graduate student, be enrolled or accepted as a full-time or half-time student in any degree-awarding program, Meet the minimum GPA requirement(2.0 undergraduate students, 3.0 graduate students), demonstrate financial need or academic merit.

Fee: Call for more information

Phone Number: (808) 984-3553
(808) 984-3630

Website: https://likoae.org

Referral: Call for more information

Variety School of Hawai`i

710 Palekaua Street, Honolulu, HI 96816

Services: School-offering children a wide variety of programs and experiences in a small setting focused on the academic and social needs of each child.

Eligibility: Children ages 5-13 with learning disabilities, attention deficit disorder and/or high-functioning.

Fee: Call for current tuition costs. Tuition aid available

Phone Number: (808) 732-2835

Website: http://www.varietyschool.org

Referral: Call for more information
Food, Financial and Material Assistance

ALU LIKE, Inc.

Hana Lima Scholarship
2969 Māpunapuna Street Suite 200, Honolulu, HI 96819

Services: Provides financial assistance ($1,500) to students participating in a vocational or technical education program for occupations that can provide a "living wage" in a specific segment of employment.

Eligibility: Be of Native Hawaiian ancestry, a resident of Hawai‘i, enrolled at least half time in a vocational degree or certification program in one of the educational institutions listed on application, and maintain a 2.0 GPA or higher.

Fee: Free

Phone Number: (808) 535-6700

Website: http://www.alulike.org/services/kaipu_hana.html

Referral: Call for more information

Catholic Charities Hawai‘i

Intake, Information, and Referral
1822 Ke‘eaumoku Street, Honolulu, HI 96822

Services: Provides a variety of emergency services to assist people by answering questions, helping with applications for assistance, and referring them to CCH programs or other programs in Hawai‘i.

Eligibility: Anyone in need

Fee: Free

Phone Number: (808) 521-4357 (O‘ahu)

Website: http://www.catholiccharitieshawaii.org

Referral: Call for more information
Department of Human Services Hawai‘i

Supplemental Nutrition Assistance Program (SNAP)
801 Dillingham Boulevard 3rd floor, Honolulu, HI 96817

Services: Provide supplemental nutrition assistance to families who are not able to afford the cost of groceries. SNAP clients access their benefits with an EBT card, which they use like a debit card

Eligibility: Household must meet specific eligibility requirements, visit website or call for more information

Fee: Free

Phone Number: (808) 587-3521


Referral: Call for more information

Food Distribution Sites

Kahaluu HCAP
47-232 Waihe‘e Road, Kāne‘ohe, HI 96744

Days: Every 3rd Monday from 2:00pm – 4:00pm

Eligibility: Anyone in need. Must register with Kahaluu HCAP prior to pick up date. Valid I.D. required on pickup day.

Fee: Free

Phone Number: (808) 239-5754

Website: [http://www.hcapweb.org](http://www.hcapweb.org)

Referral: No

Food Distribution Sites

Salvation Army Kāne‘ohe Corps. Food Pantry
45-175 Waikalua Road, Kāne‘ohe, HI 96744

Days: Tuesday, Thursday 9:30am – 12:15pm
Eligibility: Anyone in need.
Fee: Free
Phone Number: (808) 235-1408
Website: http://www.salvationarmyhawaii.org
Referral: No

Food Distribution Sites
St. Ann’s Catholic Church
46-129 Haiku Road, Kāne‘ohe, HI 96744
Days: Monday-Friday: 9:30am – 2:30pm
(closed from 12:00pm – 1:00pm)
Eligibility: Must be a member of the church and/or a family living in the Kāne‘ohe community. Must make an appointment between 9:30am – 12:30pm for same day pick-up.
Fee: Free
Phone Number: (808) 247-3092
Website: http://www.foodpantries.org
Referral: No

Food Distribution Sites
St. Anthony’s Outreach
148 Makawao Street Suite A, Kailua, HI 96734
Days: Monday, Tuesday, Thursday, Friday from 9:00am – 11:00am.
Eligibility: Anyone in need.
Fee: Free
Phone Number: (808) 266-2227
Website: http://www.stanthonyuskailua.org
Referral: No
**Food Distribution Sites**

**St. George’s Church**
41-1323 Kalaniana’ole Highway, Waimānalo, HI 96795

*Days:* Tuesday, Thursday 9:00am – 12:00pm

*Eligibility:* Anyone in need.
*Fee:* Free
*Phone Number:* (808) 259-7188
*Website:* [http://www.stgeorge96795](http://www.stgeorge96795)
*Referral:* No

**Food Distribution Sites**

**St. Matthew’s Church**
41-054 ‘Ehukai Street, Waimānalo, HI 96795

*Days:* Wednesdays: 5:30pm – 6:30pm

*Eligibility:* Anyone in need.
*Fee:* Free
*Phone Number:* (808) 259-8664
*Website:* [http://www.episcopalahawaii.org](http://www.episcopalahawaii.org)
*Referral:* No

**Food Distribution Sites**

**Waimānalo District Park (Waimānalo Gym)**
41-1374 Laukalo Street, Waimānalo, HI 96795

*Days:* 1st and 3rd Mondays: 2:00pm – 4:00pm

*Eligibility:* Anyone in need.
*Fee:* Free
*Phone Number:* (808) 259-8926
Website:  Http://www.stanthonyskailua.org
Referral:  No

**Hawai`i Food Bank**

**Food services**
2611 Kilihau Street - Honolulu, HI 96819 Main Location, call for locations across O`ahu

**Services:** Provides food to the people of Hawai`i so that no one goes hungry. Gathers good and support from communities to distribute food through charitable agencies to those in need.

**Eligibility:** Families in need of food

**Fee:** FREE

**Phone Number:** (808) 836-3600 call for location nearest you

**Website:** http://www.hawaiifoodbank.org

**Referral:** Call for more information

**Helping Hands Hawai`i**

**Emergency Assistance Fund**
2100 North Nimitz Highway, Honolulu, HI 96819

**Services:** Provides emergency financial assistance for utilities (electric, water or gas) back rent, or first month’s rent (not for deposit)

**Eligibility:** Must be referred by a social service worker by registered agency

**Fee:** Free

**Phone Number:** (808) 440-3835

**Website:** http://www.helpinghandshawaii.org

**Referral:** Call for more information
The Children’s Alliance of Hawai`i

Enhancements

200 North Vineyard Boulevard Suite 410, Honolulu, HI 96813

Services: Offers financial support for school expenses, health-related costs, clothing, bus passes, sports, hobbies, and intersession activities to promote development and increase self-esteem. Annual Back to School project and Christmas Angel project.

Eligibility: Sexually abused, physically abused, or neglected children and their siblings who lived in the home when the abuse occurred. Children ages 0-18

Fee: Free

Phone Number: (808) 599-2955

Website: http://www.cahawaii.org

Referral: Call for more information

The Salvation Army

Family Services Office

296 North Vineyard Boulevard, Honolulu, HI 96817

Services: Assists people with financial needs including rent assistance, food and holiday assistance, clothing voucher, and first month rent for homeless only. Offers "Hana Pono`i" with classes on money management and nutrition.

Eligibility: Genuine financial need. For rental assistance, must have an eviction notice or be homeless, limited to once a year and 2 times a lifetime. May have other grant requirements.

Fee: Free

Phone Number: (808) 841-5565

Website: http://www.hawaii.salvationarmy.org/hawaii/fso

Referral: Yes
University of Hawai`i

Bridge to Hope
2600 Campus Road, QLCSS 211, Honolulu, HI 96822

Services: Assistance with on-campus student employment and other services to help welfare (TANF) recipient students succeed in their educational goals. Outreach to former foster youth includes knowledgeable staff, linkage to community resources,

Eligibility: Cash assistance/TANF recipients with a First-to-Work work requirement who are full-time enrolled at any University of Hawai`i campus. Outreach offered to former foster youth.

Fee: Free
Phone Number: (808) 956-8059
Website: http://www.hawaii.edu/bridgetohope/fosteryouth
Referral: Call for more information

YWCA O`ahu

Dress for Success Honolulu
1040 Richards Street, Honolulu, HI 96813

Services: Provides career attire to women and supports them in their transition to a long-term self-sufficient lifestyle

Eligibility: Low-income women in need of professional clothing

Fee: Free
Phone Number: (808) 695-2603
Website: http://www.ywcaoahu.org
http://www.ywcaoahu.org/economic-advancement/
Referral: Yes
Department of Health Women, Infants and Children

Women, Infants and Children (WIC) Services

41-1347 Kalanianaʻole Hwy, Waimānalo, HI 96795

Services: A nutrition program helping pregnant women, breastfeeding and postpartum mothers, and children 5 years old and younger eat well and stay healthy. When you enroll in WIC, you receive special checks to buy good foods such as milk, juice, eggs, cereal, cheese, peanut butter, fruits, and vegetables.

Eligibility: To qualify for Hawaiʻi WIC services you must be either a pregnant, breastfeeding, or postpartum woman, or have children under 5 years old who have nutritional needs, meet federal income guidelines and be a resident of Hawaiʻi. Families providing foster care may apply.

Fee: Free

Phone Number: (808) 259-7940 (Waimānalo WIC)
(808) 586-8175 (Main WIC Office)

Website: http://health.hawaii.gov/wic/
http://www.waimanalohealth.org

Referral: No
Foster and Adoptive Family Services

Family Programs Hawai`i
Enhancements
250 Vineyard Street, Honolulu, HI 96813

Services: Provides enhancements to foster children for activities and items, including tutors; summer school tuition; self-esteem programs such as sports, dance, scouting, martial art and music; special events; and special projects such as back-to-school items.

Eligibility: Children in the CWS foster care system

Fee: Free

Phone Number: (808) 521-9531 (office)
(808) 545-1130/1-866-545-0882 (Warm Line)

Website: http://www.FamilyProgramsHawaii.org

Referral: Call for more information

Family Programs Hawai`i

eXcel

250 Vineyard Street, Honolulu, HI 96813

Services: Guides high school seniors in foster care to successfully prepare for and enter postsecondary education or vocational training. Support will be provided in the application process and completing financial aid and scholarship applications.

Eligibility: High school seniors in foster care interested in attending college or vocational training

Fee: Free

Phone Number: (808) 521-9531

Website: http://www.FamilyProgramsHawaii.org

Referral: Call for more information
Adoption Circle of Hawai`i
P.O. Box 10304, Honolulu, HI 96816

Services: Provides information, advocacy and support to the adoption triad (those who are adopted, those who have children for adoption, and those who have adopted children) and educates the community about the adoption experience

Eligibility: Anyone who was adopted, has adopted, or has a child for adoption

Fee: Free
Phone Number: (808) 989-7071
Website: http://www.adoptioncirclehawaii.com
Referral: Call for more information

Foster and Adoptive Family Services
Catholic Charities Hawai`i: Statewide Resource Family Program
1822 Ke`eaumoku Street, Honolulu, HI 96822

Services: Provides an integrated and community-based approach to identify, recruit, assess, train, and license child specific foster/resource families throughout the state of Hawai`i

Eligibility: Families desiring to foster a related child in the Child Welfare Service system.

Fee: Free
Phone Number: (808) 521-4357 (Main Help Line); (808) 527-4941 (Intake Coordinator)
Website: http://www.catholiccharitieshawaii.org
http://www.catholiccharitieshawaii.org/support/become-a-foster-family
Referral: Call for more information
EPIC `Ohana, Inc.
`Ohana Conferencing
1130 North Nimitz Highway Suite C210, Honolulu, HI 96817

Services: Gathers the extended family of children involved in the Child Welfare Services system to thoughtfully and carefully plan for the protection and safety of the children. It is family-centered, strengths based, community based, and culturally relevant.

Eligibility: CWS social worker may recommend; families choose whether or not to have one; resource families are encouraged to participate

Fee: Free

Phone Number: (808) 748-7062

Website: http://www.epicohana.org

Referral: Call for more information

EPIC `Ohana Inc.
`Ohana Connections
1130 North Nimitz Highway Suite C210, Honolulu, HI 96817

Services: Assist in finding and engaging family members and other kinship support for children and youth entering foster care and those who have lost family connections while in foster care so that every foster child has relationships that will last a lifetime.

Eligibility: Children in foster care

Fee: Free

Phone Number: (808) 748-7921

Website: http://www.epicohana.org

Referral: Call for more information

EPIC `Ohana Inc.
Hawai`i Youth Opportunities Initiative
1130 North Nimitz Highway Suite C210, Honolulu, HI 96817
**Services:** Provides financial literacy training, personal bank accounts, and matched savings accounts for approved purchases; also, provides opportunities to accumulate experimental and tangible assets and has a youth leadership board

**Eligibility:** Youth 14-23 years old, were in the public child welfare foster care system at the age of 14 or older, and agree to participation requirements

**Fee:** Free

**Phone Number:** (808) 748-7052

**Website:** [http://www.epicohana.org](http://www.epicohana.org)

**Referral:** Call for more information

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**Family Programs Hawai`i**

**It Takes An `Ohana (ITAO)**

250 Vineyard Street, Honolulu, HI 96813

**Services:** Helps foster and adoptive families provide a nurturing environment for children by providing information, training, support, and advocacy.

**Eligibility:** Resource families providing foster care, guardianship, and adoptive families

**Fee:** Free

**Phone Number:** (808) 540-2543

**Website:** [http://www.ittakesanohana.org](http://www.ittakesanohana.org)

**Referral:** Call for more information

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**Foster and Adoptive Family Services**

**Family Programs Hawai`i: Resource Family Support Services**

250 Vineyard Street, Honolulu, HI 96813

**Services:** Provides monthly support groups and quarterly training opportunities throughout the state for resource families. Warm Line provides information, referrals, and telephone support.
Eligibility: Resource families caring for children in the CWS foster care system, guardianship families, adoptive families, and kinship families
Fee: Free
Phone Number: (808) 521-9531
Website: http://www.FamilyProgramsHawaii.org
Referral: Call for more information

Hale Kipa
Independent Living Programs- Transition Program
2146 Damon Street, Honolulu, HI 96822
Services: Servicing former foster youth with higher education payee services, housing and job readiness/maintenance, and independent living skills
Eligibility: Young adults formerly in foster care, ages 18-22 (up to 26 if receiving higher education payments)
Fee: Free
Phone Number: (808) 589-1829
Website: http://www.halekipa.org
Referral: Call for more information

Hawai‘i Community Foundation
827 Fort Street Mall, Honolulu, HI 96813
Services: Hawai‘i Community Foundation's scholarship program consists of over 150 different scholarship funds established by generous individuals, businesses or organizations to assist Hawai‘i's residents in obtaining a college education.
Eligibility: Each scholarship has specific requirements. The Victoria S. and Bradley L. Geist Foundation Scholarship is for those currently or formerly placed in the foster care system in the state of Hawai‘i.
Fee: Free
Phone Number: (808) 537-6333
Website: http://www.hawaiicommunityfoundation.org
Referral: Call for more information

**Hawai`i International Child (HIC)**

**Hawai`i International Child**

200 North Vineyard Boulevard Suite 271, Honolulu, HI 96817

**Services:** Adoptive services: general and family adoptive counseling, licensed home studies, post placement and evaluation service, assistance in private adoptions, birth mother counseling, international adoption programs in China, Taiwan, Hong Kong, and Philippines

**Eligibility:** Families interested in international adoption or domestic private adoption

**Fee:** Call for information

**Phone Number:** (808) 589-2367

**Website:** http://www.h-i-c.org

**Referral:** Call for more information

**HOPE INC. (In the Name of Christ)**

**Family Connections**

P.O. Box 892732, Mililani, HI 96789

**Services:** Support services based on Trust Based Relational Intervention including training, monthly support group, family camp, naturopathic physician consultation, counseling, and life skills and nutrition education

**Eligibility:** Families with children from hard places with challenging behaviors

**Fee:** Call for information.

**Phone Number:** (808) 230-2445

**Website:** http://hopeinchawaii.org/

**Referral:** Call for more information

**Partners in Development**
Hui Ho`omalu - General Licensing
680 Iwilei Road, Suite 500, Honolulu, HI 96817

Services: Coordinates the recruitment, training, and home studies/licensing of general-licensed resource families

Eligibility: Families wanting to provide foster care and have financial security, proper space in their home, and have no criminal record of child abuse or other major crimes.

Fee: Free

Phone Number: (808) 441-1117 (O`ahu)

Website: http://www.pidfoundation.org/programs/hui_hoomalu/about

Referral: Call for more information

Department of Health Women, Infants and Children

Women, Infants and Children (WIC) Services
41-1347 Kalanianaʻole Hwy, Waimānalo, HI – 96795

Services: A nutrition program helping pregnant women, breastfeeding and postpartum mothers, and children 5 years old and younger eat well and stay healthy. When you enroll in WIC, you receive special checks to buy good foods such as milk, juice, eggs, cereal, cheese, peanut butter, fruits, and vegetables.

Eligibility: To qualify for Hawai`i WIC services you must be either a pregnant, breastfeeding, or postpartum woman, or have children under 5 years old who have nutritional needs, meet federal income guidelines and be a resident of Hawai`i. Families providing foster care may apply.

Fee: Free

Phone Number: (808) 259-7940 (Waimānalo WIC); (808) 586-8175 (Main WIC Office)

Website: http://health.hawaii.gov/wic/
http://www.waimanalohealth.org

Referral: No
Health, Nutrition and Family Planning

Aloha Care – QUEST

Online Provider Search

No address available, visit website

Services: Provides online listing of Primary Care Physicians and medical professionals who accept Aloha Care medical insurance. (Resource caregivers need to call their child's social worker or SSA to change his/her PCP)

Eligibility: Anyone with Aloha Care Insurance

Fee: Free

Phone Number: No phone number available, visit website for more information

Website: http://www.hmsa.com/search/providers/

Referral: No

Aloha Pregnancy Counseling Center

Aloha Pregnancy Counseling Center

45-1151 G Kamehameha Highway, Kāne‘ohe, HI 96744-3211

Services: Pregnancy tests, ultrasounds, pregnancy counseling, abortion alternatives, post-abortion counseling, STD counseling, abstinence education, adoption assistance, medical referrals, social agency referrals. Special Programs: personal purity/integrity course, parenting classes, baby food and clothing/diaper distribution

Eligibility: Be either a pregnant or postpartum woman

Fee: Free services, call for more information

Phone Number: (808) 234-7233 (Schedule an appointment)

Website: http://ramahinternational.org/hawaii.html

Referral: Call for more information
American Red Cross

Call for locations

Services: Infant CPR Classes/ Baby Sitter Training
Eligibility: Anyone, or call for more information
Fee: Call for more information
Phone Number: (808) 734-2101
Website: [http://www.redcross.org/hi/honolulu/take-a-class](http://www.redcross.org/hi/honolulu/take-a-class)
Referral: No

Catholic Charities Hawai`i

Mary Jane Home

Services: Support for pregnant women 18 years and older dealing with unplanned pregnancies. Mary Jane home provides a supportive, structured living environment for pregnant women who are at risk for homelessness or in an unsupportive environment. Women receive individual and group counseling as well as daily classes in infant care, childbirth and valuable life skills to prepare them for a healthy pregnancy and birth.

Eligibility: 18 years or older, pregnant and in need of services. Unable to accommodate older children or partners. Willingness to follow home rules and requirements.

Fee: $50 deposit, fees based on 1/3 of resident’s monthly income, however no one will be turned away for inability to pay. Call for more information.

Phone Number: (808) 261-9776
Referral: Call for more information
Community Case Management Corp. (CCMC)

Community Case Management Corp.

P.O. Box 2818, Aiea, HI 96701

Services: Helps those eligible for QUEST or Medicaid to find a dentist who accepts coverage and helps with dental care guidelines

Eligibility: People who have QUEST or Medicaid coverage

Fee: Free

Phone Number: (808) 792-1070 (O’ahu)

Website: [http://ccmchawaii.com/dental_program/](http://ccmchawaii.com/dental_program/)

Referral: Call for more information

Department of Health Family Planning Program

Family Planning Program

Call for locations

Services: The Family Planning Program seeks to make affordable birth control and reproductive health services available to uninsured, low-income individuals and others who have difficulty getting family planning services. One of the features of the Family Planning Program is the importance placed on birth control and reproductive health education and counseling.

Eligibility: Call for more information

Fee: Check website or call for Family Planning Clinics to see if you are eligible for free or low-cost services

Phone Number: (808) 733-9030

Website: [http://health.hawaii.gov/mchb/home/family-planning-program/](http://health.hawaii.gov/mchb/home/family-planning-program/)

Referral: Call for more information
**Department of Health Tuberculosis Control Program**

**Tuberculosis Testing**

Call for locations or check websites below

**Services:** Offer diagnosis and treatment of TB. Provide preventive therapy for patients at high risk of developing tuberculosis. Conduct direct TB services including chest X-ray, sputum smear and culture for mycobacteria, tuberculin skin testing, treatment with anti-tuberculosis therapy, and directly observed therapy (DOT) through TB clinics on the four most heavily populated islands.

**Eligibility:** Anyone

**Fee:** Free

**Phone Number:** (808) 832-5731

**Website:** [http://health.hawaii.gov/tb/](http://health.hawaii.gov/tb/)  

**Referral:** No

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**Hawai`i Department of Health**

**Public Health Nursing**

45-691 Kea'ahala Road, Kāne'ohe, HI 96744

**Services:** Provides care coordination, transition planning, and education; facilitates access to health care and resources; and conducts screening tests and health assessments.

**Eligibility:** Persons with health or nursing needs, including special needs infants and children and pregnant teens

**Fee:** Call for more information

**Phone Number:** (808) 832-5765 (Main), (808) 733-9220 (East Honolulu), (808) 233-5450 (Windward)


**Referral:** Call for more information
Hawai‘i Mothers Milk, Inc.

1319 Punahou Street, Bingham Building 1st floor, Honolulu, HI 96826

Services: A comprehensive breastfeeding program staffed by professional lactation consultants for families and healthcare providers in the State of Hawai‘i. Warm-line provides this community with assistance for all breastfeeding questions. In-office counseling for breastfeeding problems and trying of the various breast pumps is provided to all clients free of charge. Rentals and purchases of quality breast pumps and supplies are available with the appropriate education and support. Also Prenatal Breastfeeding Classes are taught for a minimum fee.

Eligibility: Any persons with breastfeeding questions/concerns

Fee: Call for more information

Phone Number: (808) 947-6920 (Office); (808) 949-1723 (Warm-line)

Website: http://himothersmilk.org/

Referral: No

HMSA – QUEST

Online Provider Search

No address available, visit website

Services: Provides online listing of Primary Care Physicians and medical, dental, and vision professionals who accept HMSA medical insurance, including HMSA- QUEST. (Resource caregivers need to call their child's social worker or SSA to change his/her PCP)

Eligibility: Anyone with HMSA Insurance

Fee: Free

Phone Number: No phone number available, visit website for more information

Website: http://www.hmsa.com/search/providers/

Referral: No
**Kahi Mohala Behavioral Health**

**Child/Adolescent/Adult Services**

91-2301 Old Fort Weaver Road, Ewa Beach, HI 96706

**Services:** Includes inpatient and outpatient services, partial hospitalization, psychiatric evaluation/treatment, medication management, clinical assessment, psychological testing, substance abuse, eating disorder services, individual, family and group therapy

**Eligibility:**
- Children ages 3-12
- Adolescents ages 13-18
- Adults ages 18 and up

**Fee:** Most insurance accepted. Vary depending on service. Call for more information

**Phone Number:** (808) 671-8511 (Main)  
(808) 677-2512 (24 hour call service)

**Website:** [http://www.kahimohala.org](http://www.kahimohala.org)

**Referral:** Call for more information

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**Keiki Injury Prevention Coalition**

**Keiki Injury Prevention Coalition**

P.O. Box 61954, Honolulu, HI 96839

**Services:** Information on Child Safety

**Eligibility:** Call for more information

**Fee:** Call for more information

**Phone Number:** (808) 294-0402

**Website:** [http://kipchawaii.org/](http://kipchawaii.org/)

**Referral:** Call for more information

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**Kūlana Mālama**

**Kūlana Mālama**

91-1360 Karayan Street, Ewa Beach, HI 96706


**Services:** A pediatric facility dedicated to meeting the needs of medically fragile children, including extended care, transitional unit, respite care, and clinical assessments

**Eligibility:** Medically fragile children, from newborn to age 21

**Fee:** Call for more information.; Insurance accepted

**Phone Number:** (808) 681-1200

**Website:** [http://www.kulanamalama.com](http://www.kulanamalama.com)

**Referral:** Call for more information

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**La Leche League**

Call for locations

**Services:** Find a local breastfeeding support group; get breastfeeding help from mothers in your community, access to breastfeeding resources.

**Eligibility:** Persons with breastfeeding questions/concerns

**Fee:** Call for more information

**Phone Number:** National Line : 1 (877) 452-5324
West Hawai‘i District Advisor: (808) 325-3055 (O‘ahu)

**Website:** [http://lllnorcal.org/Mothers.html](http://lllnorcal.org/Mothers.html)

**Referral:** No

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**Medicaid**

**Med-QUEST/EB O‘ahu Section**

801 Dillingham Boulevard 3rd Floor, Honolulu, HI 96817

**Services:** Low-income health insurance

**Eligibility:** Refer to website or call for more information

**Fee:** No fee
Department of Health Women, Infants and Children

Women, Infants and Children (WIC) Services

41-1347 Kalanianaʻole Highway, Waimānalo, HI 96795

Services: A nutrition program helping pregnant women, breastfeeding and postpartum mothers, and children 5 years old and younger eat well and stay healthy. When you enroll in WIC, you receive special checks to buy good foods such as milk, juice, eggs, cereal, cheese, peanut butter, fruits, and vegetables.

Eligibility: To qualify for Hawaiʻi WIC services you must be either a pregnant, breastfeeding, or postpartum woman, or have children under 5 years old who have nutritional needs, meet federal income guidelines and be a resident of Hawaiʻi. Families providing foster care may apply.

Fee: Free

Phone Number: (808) 259-7940 (Waimānalo WIC); (808) 586-8175 (Main WIC Office)

Website: [http://health.hawaii.gov/wic/](http://health.hawaii.gov/wic/)
[www.waimanalohealth.org](http://www.waimanalohealth.org)

Referral: No
Housing Assistance

Catholic Charities Hawai`i
Horizons Independent Living House
1822 Keʻeaumoku Street, Honolulu, HI 96822

Services: This independent living program and outreach service is available to young adults ages 18 to 25 who are transitioning out of mental health, child welfare, or juvenile justice systems.

Eligibility: Young adults 18-25 years old in need of transition planning and assistance with independent living, preferably transitioning out of foster care, aging out of the system, and out of home placement; Community outreach transition planning for males and females

Fee: Call for more information

Phone Number: (808) 218-0417
Website: http://www.catholiccharitieshawaii.org/programs/children-and-youth
Referral: Call for more information

U.S. Department of Housing and Urban Development

Homeownership Assistance: Hawai`i

Call for location

Services: Provides access to information/resources on homeownership programs and homeownership assistance programs.

Eligibility: Open to general public
Fee: Free
Phone Number: See website for different program contact numbers
Referral: Call for more information
Hawaiian Community Assets

200 North Vineyard Boulevard Suite A300, Honolulu, HI 96817

Services: Provides a comprehensive program of services designed to help families become and remain homeowners, including home buyer education, one-on-one counseling, financial literacy, mortgage lending, and down payment assistance

Eligibility: Low- and moderate-income communities and individuals in Hawai‘i

Fee: Free workshops and counseling services

Phone Number: (808) 587-7886

Website: http://www.hawaiiancommunity.net

Referral: Call for more information

Hale Kipa

Independent Living Programs- Haloa House

2146 Damon Street, Honolulu, HI 96822

Services: 4-bed residential program in Salt Lake for young women exiting/exited from foster care who need a place to stay for 6-9 months; group and individual services to teach health, nutritional, vocation, education, employment, and home maintenance

Eligibility: Women 18-21 years of age who are exiting or have exited foster care and have a full-time schedule (work and/or school)

Fee: 30% of their income, which they receive most of it back when done with program

Phone Number: (808) 589-1829 ext. 202

Website: http://www.halekipa.org

Referral: Call for more information
Hale Kipa

Independent Living Programs - Transitional Apartments

2146 Damon Street, Honolulu, HI 96822

Services: 4-bed residential program for young men exiting from Hawai‘i Youth Correctional Facility or foster youth in need of housing (6-9 months); group and individual services to teach health, nutrition, vocation, education, employment, and home maintenance

Eligibility: Men 17 1/2 - 21 years of age who are exiting or have exited foster care or correctional facility and have a full-time schedule (work and/or school)

Fee: 20% of their income, which they receive back when done with program

Phone Number: (808) 589-1829 ext. 202
Website: http://www.halekipa.org
Referral: Call for more information

Hale Kipa

Housing Assistance

615 Pi‘ikoi Street Suite 203, Honolulu, HI 96814

Services: Step-Up Housing, under the Family Unification Program, provides Housing Choice Vouchers to youth aging out of foster care. Housing assistance through Section 8 is awarded to young adults for a maximum of 18 months. Participants receive a voucher, funded by the U.S. Department of Housing and Urban Development (HUD). This voucher allows the participants to rent a home in the community of their choice.

Eligibility: Be former foster youth (in foster care post 16 years old). Be Between the ages of 18 – 21 (has not reached 22nd birthday). Have a stable source of income (i.e. full/part-time employment, foster care/higher education board payment, financial assistance from welfare, etc.). Meet the Public Housing Authority/Department of Community Services (DCS)/Section 8 eligibility criteria. May need to meet additional criteria, call for more information.

Fee: Participants initially pay between 30% and 40% of their monthly-adjusted income towards rent and utilities, with the balance paid
Hawai‘i Public Housing Authority

Housing assistance

1002 North School Street Honolulu, HI 96817

Services: Individuals whose income and resources are limited and are need of housing assistance

Eligibility: 18 years or older, single or a family of 2 or more individuals below the standard yearly gross income. Visit web for more information

Fee: Service is free, housing payments vary

Phone Number: (808) 832-4692
Website: http://www.hpha.hawaii.gov
Referral: Call for more information

Hawai`i Habitat for Humanity

Hawai`i Habitat for Humanity

922 Austin Lane Suite C-1, Honolulu, HI 96817

Services: A local affiliate of a world-wide organization that builds houses with volunteer labor and sell those houses to families in need at affordable rates; helping to end the poverty cycle one family at a time

Eligibility: Families qualify based upon their need for housing, willingness to partner with Habitat, and ability to pay the mortgage.

Fee: Cost of building the home through a 0% interest mortgage

Phone Number: (808) 538-7070 (Honolulu)
Website: http://www.honoluluhabitat.org/
Referral: Call for more information
Helping Hands Hawai`i
Community Clearinghouse
2100 North Nimitz Highway, Honolulu, HI 96819

Services: Provides furniture, major appliances, household items and clothing for those with a verifiable need. Accepts requests for small items and limited amount of requests for large everyday items. All donations accepted in "as is" condition.

Eligibility: Must be referred by a social service worker by registered agency.

Fee: Free to those who are eligible

Phone Number: (808) 440-3800
Website: http://www.helpinghandshawaii.org
Referral: Yes

Holomua Na `ohana
Weinberg Village Waimānalo
41-490 Saddle City Road, Waimānalo, HI 96795

Services: Provides a clean and sober, structured assistance housing/shelter for homeless families with minor aged children. Also provides direct referrals, transitional housing, educational classes and counseling, as well as food and nutrition classes.

Eligibility: Homeless or at risk families with dependent children under the age of 18. Pregnant women in their last trimester. Clients must have enough income to cover program fees and complete application

Fee: Vary depending on size of unit. Call for more information

Phone Number: (808) 259-6658
Website: http://www.holomuanaohana.org
Referral: Call for more information
Legal Aid Society of Hawai`i

Legal Resources
45-773 Kamehameha Highway, Kāne‘ohe, HI 96744

Services: Provides legal assistance/resources in the areas of family, housing, immigration, consumer, public benefits

Offsite Location: Waimānalo Health Center – Goebert Training Center
Every Wednesday from 1pm-3pm

Eligibility: Anyone

Fee: Free

Phone Number: (808) 536-4302

Website: [http://www.legalaidhawaii.org](http://www.legalaidhawaii.org)
[http://www.legalaidhawaii.org/services.html](http://www.legalaidhawaii.org/services.html)

Referral: No
Legal Services

Helping Hands Hawai`i
Community Clearinghouse
2100 North Nimitz Highway, Honolulu, HI 96819

Services: Provides furniture, major appliances, household items and clothing for those with a verifiable need. Accepts requests for small items and limited amount of requests for large everyday items. All donations accepted in "as is" condition.

Eligibility: Must be referred by a social service worker by registered agency.

Fee: Free to those who are eligible

Phone Number: (808) 440-3800
Website: http://www.helpinghandshawaii.org
Referral: Yes

Legal Aid Society of Hawai`i
Affordable Lawyers Project
924 Bethel Street, Honolulu, HI 96813 (Main Office)
45-773 Kamehameha Highway, Kāneʻohe, HI 96744

Services: Quality legal services at a discounted rate including uncontested divorce, child custody/support modification, consent adoption/guardianship, power of attorney, advance health care directive, simple will, and more

Eligibility: Call for more information, eligibility based on income.

Fee: Most services are provided free or for a low flat rate. Call for more information.

Phone Number: (808) 536-4302 (Oʻahu)
Website: http://www.legalaidhawaii.org
Referral: No
Legal Aid Society of Hawai`i

Foster Kids SSI Project
924 Bethel Street, Honolulu, HI 96813

Services: Partnership between LASH and DHS to ensure that all non-Title IVE foster children, who are not eligible for federal money for foster care and adoption assistance, have the opportunity to obtain Social

Eligibility: Children in foster care who are non-Title IVE foster children and receive Difficulty of Care (DOC) payments

Fee: Most services are provided free or for a low flat rate. Call for more information.

Phone Number: (808) 536-4302 (O‘ahu) 1-800-499-4302 (Toll-free on neighbor islands)

Website: http://www.legalaidhawaii.org

Referral: No

Legal Aid Society of Hawai`i

General Legal Services
924 Bethel Street, Honolulu, HI 96813

Services: Provides free general legal representation and help to individuals and families who cannot afford to hire a private attorney with their civil legal needs. Primarily assists in the areas of family, housing, consumer, and public benefits law

Eligibility: Call for more information, eligibility based on income.

Fee: Most services are provided free or for a low flat rate. Call for more information.

Phone Number: (808) 536-4302 (O‘ahu) 1-800-499-4302 (Toll-free)

Website: http://www.legalaidhawaii.org

Referral: No
Legal Aid Society of Hawai`i
Legal Advocacy for Families and Children
924 Bethel Street, Honolulu, HI 96813

Services: Provides a number of civil legal services including, but not limited to, child custody, housing, consumer debt, employment, public benefits issues and other child services issues such as education, teen pregnancy, and runaway children

Eligibility: Call for more information, eligibility based on income.

Fee: Most services are provided free or for a low flat rate. Call for more information.

Phone Number: (808) 536-4302 (O’ahu)
Website: http://www.legalaidhawaii.org
Referral: No

Legal Aid Society of Hawai`i
Volunteer Income Tax Assistance Program
924 Bethel Street, Honolulu, HI 96813

Services: Tax services to low-income and ESL persons, including representation in tax controversies with the IRS.

Eligibility: Eligibility based on income. Please call or email to schedule an appointment.

Fee: Most services are provided free or for a low flat rate. Call for more information.

Phone Number: (808) 527-8050
Email: https://legalaidvita.acuityscheduling.com
Website: http://www.legalaidhawaii.org
Referral: No
**The Children’s Law Center**

**Services:** A full service law center focusing exclusively on the legal and best interest needs of Hawai‘i’s children, including custody, paternity, abuse, guardianship, adoption, or conservatorship, or child support.

**Eligibility:** Adults and children in need of child custody consultation, facilitation, parenting coordination, custody evaluation, or court representation.

**Fee:** Call for more information

**Phone Number:** (808) 528-5437

**Website:** [http://www.childlawhawaii.com](http://www.childlawhawaii.com)

**Referral:** Call for more information

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**Volunteer Legal Services Hawai`i**

**Services:** Legal assistance in a variety of areas of civil law, including family law, adoption, child advocacy, child support, custody, divorce, guardianship, TROs, visitation, parenting plans, elder law, and general law

**Eligibility:** Must complete intake process to determine financial eligibility and nature of legal problem.

**Fee:** Vary depending on service provided

**Phone Number:** (808) 528-7046 (O‘ahu)

**Website:** [http://www.vlsh.org](http://www.vlsh.org)

**Referral:** Call for more information
Lawhelp.org
Legal services and referrals
Hotline

Services: Achieve fairness and justice for the people of Hawai‘i through legal advocacy, outreach and education to those in need. Immigration, tax laws, housing, family and juvenile, disaster relief, bankruptcy, public benefits.

Eligibility: Those in need of law services

Fee: Widely varies

Phone Number: (808) 536-4302

Website: [http://www.lawhelp.org/HI](http://www.lawhelp.org/HI)

Referral: Call for more information
Other Resources

Aloha United Way

Services: Comprehensive, statewide community information and referral service helping people find food, shelter, drug treatment, childcare, job training and much more.

Eligibility: Anyone

Fee: Free from all islands, Mon-Fri 6am-9pm, and all calls are confidential

Phone Number: 2-1-1

Website: http://www.auw.org/2-1-1

Referral: No

Hawai`i Department Of Human Services

Public Assistance Information Line

Services: Statewide automated telephone system available 7 days a week, 24 hours a day. It provides basic information on a variety of DHS assistance programs, such as information on financial, food stamps, medical, funeral payments and child care subsidy

Eligibility: Anyone

Fee: Free

Phone Number: (855) 643-1643

Website: Call for more information

Referral: Call for more information

Hawai`i State Public Library System

Online Services

Services: Users can connect to the Hawai`i State Library System and view Public Access Catalog and library card account, place reserves, and look up magazine
Eligibility: Anyone
Fee: Free
Phone Number: Check website for more information
Website: [http://www.librarieshawaii.org](http://www.librarieshawaii.org)
Referral: Call for more information

**Kamehameha Schools**

**Ho`oulu Hawaiian Data Center**  
567 South King Street Suite 102, Honolulu, HI 96813

**Services:** Verifies Hawaiian ancestry of applicants to Kamehameha Schools programs who wish to be considered under their preference policy. Creates a database of the Hawaiian population to support planning for lifelong learning in the Hawaiian community.

**Eligibility:** Individuals/families with Hawaiian ancestry
Fee: Free
Phone Number: (808) 523-6228 (O`ahu)
Website: [www.ksbe.edu/datacenter](http://www.ksbe.edu/datacenter)
Referral: Call for more information

**State Department of Health**

**Office of Health Statutes Monitoring Issuance/Vital Statistics Section**  
1250 Punchbowl Street Room #103, Honolulu, HI 96801

**Services:** Provides certified copies of birth, death, marriage, and divorce certificates. Applications are accepted in person, by mail, or through the internet. See website for information needed.

**Eligibility:** Individuals (or those directly related) needing certified copies of vital records from state of Hawai`i
Fee: Call for pricing.
Phone Number: (808) 586-4533
Website: [http://health.hawaii.gov/vitalrecords/](http://health.hawaii.gov/vitalrecords/)
Referral: Call for more information

**Hawai‘i Food Bank**

**Food services**

2611 Kilihau Street, Honolulu, HI 96819
Call for other locations across O’ahu

**Services:** Provides food to the people of Hawai‘i so that no one goes hungry. Gathers food and support from communities to distribute food through charitable agencies to those in need.

**Eligibility:** Families in need of food

**Fee:** FREE

**Phone Number:** (808) 836-3600 call for location nearest you

**Website:** [http://www.hawaiifoodbank.org](http://www.hawaiifoodbank.org)

**Referral:** Call for more information
Parent Education and Family Support

Alaka`i Na Keiki
Behavioral Health and Educational Services
1100 Alakea Street 9th Floor, Honolulu, HI 96813

Services: Specializes in working with childhood and adolescent disorders; provides specialized assessment, parent consultation, individual and family counseling/therapy, skills trainer services, tutoring services, group therapy, psychiatric services, etc.

Eligibility: Children, adolescents, families, and adults

Fee: Vary depending on service provided, most insurances accepted

Phone Number: (808) 523-7771
Website: http://www.alakainakeiki.com
Referral: Call for more information

Aloha Mothers of Multiples

Aloha Mothers of Multiples
P.O. Box 2127, Pearl City, HI 96782

Services: Provides information, support group, clothing exchange, social activities, problem solving and discussions. Members meet every 3rd Thursday each month.

Eligibility: Families with/or expecting multiples or with children less than 1 yr. apart

Fee: Active membership- $30/year; 90-day trial membership

Phone Number: (808) 864-8701
Website: http://www.alohamultiples.org
Referral: Call for more information
**Catholic Charities Hawai‘i**

**Mary Jane Home**

Call for location

**Services:** Support for pregnant women 18 years and older dealing with unplanned pregnancies. Mary Jane home provides a supportive, structured living environment for pregnant women who are at risk for homelessness or in an unsupportive environment. Women receive individual and group counseling as well as daily classes in infant care, childbirth and valuable life skills to prepare them for a healthy pregnancy and birth.

**Eligibility:** 18 years or older, pregnant and in need of services. Unable to accommodate older children or partners. Willingness to follow home rules and requirements.

**Fee:** $50 deposit, fees based on 1/3 of resident’s monthly income, however no one will be turned away for inability to pay. Call for more information.

**Phone Number:** (808) 261-9776


**Referral:** Call for more information

**Hale Kipa**

**Hawai‘i Advocate Program**

615 Pi‘ikoi Street Suite 203, Honolulu, HI 96814

**Services:** For children and families known to the child welfare and juvenile justice systems, or at-risk of becoming known, they provide comprehensive, community-based care, striving to prevent out-of-home placements of youth.

**Eligibility:** Youth ages 5-18 (or up to 20 if on parole); Youth in Project First Care for teen, families in need of foster care stabilization to prevent disruption; families in need of services to prevent out of home placement or to support reunification

**Fee:** Free

**Phone Number:** (808) 589-1829 (O‘ahu)
Website:  http://www.halekipa.org
Referral:  Call for more information

Hawai`i Counseling and Education Center

Services:  Provides counseling for special education students with learning disabilities and their families, substance abuse treatment, mental health counseling, domestic violence and anger management classes, parenting classes, stress management, trainings

Eligibility:  Individuals, families and couples
Fee:  Varies depending on services provided. Accepts most insurance.
Phone Number:  (808) 254-6484
Website:  http://www.hcehawaii.com
Referral:  Call for more information

Kapi`olani Child Protection Center

Services:  Assist in the early identification, treatment and prevention of child maltreatment, social work consultations, substance abuse assessment, psychological evaluations, mental health assessment, protecting your child in all and any case.

Eligibility:  Women, children, families
Fee:  Call for more information
Phone Number:  (808) 832-5300
Website:  https://www.hawaiipacifichealth.org/kapiolani/services/child-protection/
Referral:  Yes
**MOMS Club**

MOMS Club

Call for location

**Services:** Support and activities for stay-at-home moms and their children

**Eligibility:** Call for more information

**Fee:** Call for more information

**Phone Number:** (808) 744-3376

**Website:** Call for more information

**Referral:** Call for more information

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**P.A.R.E.N.T.S.**

Parent Education Groups

41-245 Ilauhole Street, Waimānalo, HI 96795

**Services:** Support and activities for stay-at-home moms and their children

**Eligibility:** Call for more information

**Fee:** Call for more information

**Phone Number:** (808) 235-0488

**Website:** Call for more information

**Referral:** Call for more information

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**Parents and Children Together (PACT)**

Family Service Agency

1485 Linapuni Street Suite 105 Honolulu, HI 96819

**Services:** Early childhood education, child abuse and neglect prevention and treatment domestic violence prevention and treatment, mental health support, family centers and community building and economic development

**Eligibility:** Parents, children and families
Fee: Call for more information
Phone Number: (808) 847-3285
Website: http://www.pacthawaii.org
Referral: Call for more information

Queen Lili’uokalani Children’s Center
Waimānalo Office
41-245 Ilauhole Street, Waimānalo, HI 96795
Services: Services for Hawaiian orphans or destitute children
Eligibility: Must live in the Kaimuki to Kualoa area, children under 18 years of age, must be Hawaiian. Call for more information
Phone Number: (808) 851-7790 (Waimānalo Unit)
(808) 235-7613 (Ko‘olau Poko Unit)
(808) 293-8577 (Windward O‘ahu Unit)
Website: http://www.qlcc.org/
Referral: No

The Parent Line
Parent Education and Family Support
Call for location
Services: Provide education to new and experienced parents about child care, nutrition expertise, child and family service, referrals and resources for a healthier family, parent education groups
Eligibility: Parents and families
Fee: Free service
Phone Number: (808) 235-0488
Website: http://www.theparentline.org
Referral: Call for more information
Senior/Elderly Services

Department of Community Services City and County of Honolulu

Senior Information and Assistance

715 South King Street Suite 211, Honolulu, HI 96813

Services: Information about topics commonly associated with aging, disabilities and caregiving. Referrals to community service providers. Assistance in screening and applying for government benefits and long-term care needs.

Eligibility: U.S. Citizen or permanent resident alien, 60 years or older, live in a residence not an institution, not receiving service from another government or private service provider, have impairment of two or more ADLs or significantly reduced mental capacity

Fee: Call for more information

Phone Number: (808) 768-7700

Website: http://www.elderlyaffairs.com

Referral: Call for more information
Special Needs

Easter Seals Hawai`i
Disability services, Special needs
710 Green Street Honolulu, HI 96813

Services: Easter Seals Hawai`i provides exceptional services to ensure that all people with disabilities or special needs and their families have equal opportunities to live, learn work and play in their communities.

Eligibility: Special Needs
Fee: Call for more information
Phone Number: (808) 536-1015
Website: http://easterseals.com/hawaii
Referral: Call for more information

Special Olympics Hawai`i
Athlete Leadership Programs for special needs
1833 Kalakaua Avenue Suite 500 Honolulu, HI 96815

Services: Allow athletes with special needs the opportunities for participation in roles previously considered “non-traditional”. Through ALPs, athletes become leaders in their own program. The ALPs program dedicated to the empowerment and dignity of the special needs

Eligibility: Any person eight (8) years of age and older who is identified as having intellectual disabilities by an agency or a professional in any given local area is considered eligible for Special Olympics

Fee: Call for more information
Phone Number: (808) 943-8808
Website: http://www.specialolympicshawaii.org/
Referral: Call for more information
United Cerebral Palsy Association of Hawai‘i
Child Development Center
414 Kuwili St Suite 105 Honolulu HI 96817

Services: The center provides early intervention services between the ages of birth and 3 years who have cerebral palsy or other conditions with similar therapy needs.

Eligibility: Disabled children between birth and 3 years

Fee: Call for more information

Phone Number: (808) 532-6740

Website: http://www.ucpahi.org

Referral: Call for more information
Specific Concerns

Aloha United Way

200 North Vineyard Boulevard Suite 700, Honolulu, HI 96817

Services: 24 hour general information and referrals (Statewide). 2-1-1 is a confidential, toll-free help hotline for anyone in Hawai‘i in need of help. With 2-1-1, you can easily find information and referrals on everything from crisis intervention and counseling to job training, educational programs and child care.

Eligibility: Anyone seeking assistance

Fee: Toll-Free

Phone Number: 211

Website: Call 211 for more information

Referral: No

Legal Aid Society of Hawai`i

Legal Resources

45-773 Kamehameha Highway, Kāne‘ohe, HI 96744

Services: Provides legal assistance/resources in the areas of family, housing, immigration, consumer, public benefits

Offsite Location: Waimānalo Health Center – Goebert Training Center
Every Wednesday from 1:00pm – 3:00pm

Eligibility: Anyone

Fee: Free

Phone Number: (808) 536-4302

Website: [http://www.legalaidhawaii.org](http://www.legalaidhawaii.org)  
[http://www.legalaidhawaii.org/services.html](http://www.legalaidhawaii.org/services.html)

Referral: No
Prevent Child Abuse Hawai‘i

Prevent Child Abuse Hawai‘i

Call for more information

Services: Information and advocacy
Eligibility: Anyone
Fee: Free
Phone Number: (808) 951-0200
Website: Call for more information
Referral: No

Special Parent Information Network

Special Parent Information Network

919 Ala Moana Boulevard, Room 101, Honolulu, HI 96814

Services: For Families with children with special needs
Eligibility: Call for more information
Fee: Call for more information
Phone Number: (808) 586-8126
Website: http://spinhawaii.org/
Referral: Call for more information

The PATH Clinic

The PATH Clinic

845 22nd Avenue, Honolulu, HI 96816

Services: The PATH Clinic is an independent site located in the Salvation Army Family Treatment Services Campus.
Eligibility: Call for more information
Fee: QUEST and other insurance plans are accepted. We will help uninsured women sign up for QUEST insurance and provide services to those who do not qualify for QUEST.
Phone Number: (808) 791-9390
Website:  http://waikikihc.org/locations/path/
Referral:  Call for more information
Substance Use Services

Coalition for a Drug Free Hawai‘i

Substance abuse treatment
1130 North Nimitz Highway A259, Honolulu, HI 96817

Services: Innovative programs and services with expertise in designing and implementing effective prevention programs for youth; strengthening families; advancing gender specific programming for girls in Hawai‘i; building grassroots partnerships to create healthy, drug- and violence-free communities; and establishing relationships with public and private agencies

Eligibility: Call or visit websites below for programs/resources

Fee: Call for more information

Phone Number: (808) 545-3228

Website: [http://www.drugfreehawaii.org/](http://www.drugfreehawaii.org/)

Referral: Call for more information

Hina Mauka Recovery Center

Drug and substance abuse treatment
45-845 Po‘okela Street, Kāne‘ohe, HI 967444

Services: Provides evaluation, education, treatment and referral services to individuals and families dealing with substance abuse disorders. Comprehensive rehabilitation and recovery program for the chemically dependent. Hina Mauka also treats individuals with co-occurring diseases, such as a person with an alcohol problem and depression.

Eligibility: Teens and Adults

Fee: Yes, services may be possible without insurance/money

Phone Number: (808) 236-2600

Website: [http://www.Hinamauka.org](http://www.Hinamauka.org)

Referral: Call for more information
**Island Substance Abuse Assessments**

**Substance Abuse treatment**

P.O Box 2256 Pearl City, HI 96706

**Services:** Assessments for drug/alcohol mandates are done according to federal and state laws; private and confidential professional services. Provider is a Substance Abuse Professional and DOT compliant.

**Eligibility:** Adults, statewide

**Fee:** Yes, call for specifics

**Phone Number:** (808) 384-3873

**Website:** N/A

**Referral:** Call for more information

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**Po`ailani INC**

**Psychiatric related substance abuse center**

970 North Kalaheo Avenue Suite A-102, Kailua, HI 96734

**Services:** Residential and outpatient treatment for clients with a psychiatric diagnosis and substance abuse issues. Day treatment, intensive outpatient, aftercare and housing services.

**Eligibility:** Adults with dual diagnosis

**Fee:** Yes, services may be possible without insurance

**Phone Number:** (808) 263-3500

**Website:** [http://www.poailani.org](http://www.poailani.org)

**Referral:** Call for more information
Urgent Care Services

Windward Urgent Care
45-1141 Kamehameha Highway, Kāne’ohe, HI 96744
Hours: Mon-Sun: 8:00am – 9:00pm
Insurance: *Accepts all insurance, call for more information regarding billing
Important Documents: Make sure to bring Photo ID, Insurance Card, and form of payment for copay if needed/uninsured (cash, check, credit card)
Phone Number: (808) 234-1094
Website: http://www.windwardurgentcare.com/
Referral: No

Ewa Access Medical Clinics Urgent Care
Ewa Town Center, 91-1401 Fort Weaver Road, Ewa Beach, HI 96706
Hours: Monday – Saturday: 12:00pm – 8:00pm
Insurance: Call For More Information
Important Documents: Make sure to bring Photo ID, Insurance Card, and form of payment (cash, check, credit card)
Notes: *ages 2 and up
Phone Number: (808) 685-0330
Website: http://www.accessmedicalclinics.com/
Referral: Call for more information

Hawai‘i Kai Island Urgent Care
6600 Kalaniana‘ole Highway Suite 114A, Honolulu, HI 96825
Hours: Monday – Friday: 9:00am – 7:00pm
Saturday – Sunday: 8:00am – 5:00pm
Insurance: Call For More Information
Important Documents: Make sure to bring Photo ID, Insurance Card, and form of payment (cash, check, credit card)
**Honolulu Concentra Urgent Care (by Airport)**
545 Ohohia Street, Honolulu, HI 96819

**Hours:** Monday – Friday: 7:00am – 5:00pm
*Closed for Holidays*

**Insurance:** Call For More Information

**Important Documents:** Make sure to bring Photo ID, Insurance Card, and form of payment (cash, check, credit card)

**Phone Number:** Phone: (808) 831-3000
Fax: (808) 834-5763
After hours: (808) 486-6000

**Website:** [http://www.concentra.com/patients/urgent-care/](http://www.concentra.com/patients/urgent-care/)

**Referral:** Call for more information

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**Kailua Braun Urgent Care**
130 Kailua Road Suite 111, Kailua, HI 96734

**Hours:** Monday – Sunday: 8:00am – 10:00pm

**Insurance:**
*Does NOT accept QUEST unless they are PCP or PCP gives referral prior to visit
*No IZ, No work comp (auto OK)

**Important Documents:** Make sure to bring Photo ID, Insurance Card, and form of payment (cash, check, credit card)

**Phone Number:** Phone (808) 261-4411
Fax (808) 261-3322

**Website:** Call for more information

**Referral:** Yes
**Kailua Minute Clinic (Inside Longs Drugs)**  
Inside Longs Drugs, 609 Kailua Road, Kailua, HI 96734

**Hours:**  
Monday – Friday: 8:30am – 7:30pm (closed 1:00pm – 2:00pm)  
Saturdays: 9:00am – 5:30pm (closed 1:00pm – 1:30pm)  
Sundays: 10:00am – 5:30pm (closed 1:00pm – 1:30pm)

**Insurance:**  
Call For More Information

**Important Documents:**  
Make sure to bring Photo ID, Insurance Card, and form of payment (cash, check, credit card)

**Comments:**  
*For common family illnesses, staffed by NPs and PAs

**Phone Number:**  
Phone (808) 263-5020  
Fax (808) 247-0454

**Website:**  
(listing for other O‘ahu locations)

**Referral:**  
Call for more information

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**Kahala Island Urgent Care**  
4218 Waialae Avenue Suite A106, Honolulu, HI 96816

**Hours:**  
Monday – Friday: 9:00am – 8:00pm  
Saturday – Sunday: 8:00am – 5:00pm

**Insurance:**  
Call For More Information

**Important Documents:**  
Make sure to bring Photo ID, Insurance Card, and form of payment (cash, check, credit card)

**Phone Number:**  
Phone (808) 735-2273  
Fax (808) 734-2273

**Website:**  
http://www.kahalaurgentcare.com/

**Referral:**  
No

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**Kunia Urgent Care**  
94-673 Kupuohi Street Suite #C201, Waipahu, HI 96797

**Hours:**  
Monday – Sunday: 8:30am – 9:00pm

**Insurance:**  
Call For More Information
Important Documents: Make sure to bring Photo ID, Insurance Card, and form of payment (cash, check, credit card)

Phone Number: Phone (808) 983-1675, Fax: (808) 983-1676
Website: http://kuniaurgentcare.com/
Referral: No

Mililani Access Medical Clinics Urgent Care
Mililani Town Center, 95-1249 D Meheula Parkway, Mililani, HI 96789
Hours: Monday – Saturday: 10:00am – 8:00pm
Sundays: 10:00am – 4:00pm
Insurance: Call For More Information
Important Documents: Make sure to bring Photo ID, Insurance Card, and form of payment (cash, check, credit card)
Comments: *ages 2 and up
Phone Number: Phone: (808) 627-0330
Website: http://www.accessmedicalclinics.com/
Referral: No

Pearl City Urgent Care
1245 Kuala Street, Pearl City, HI 96782
Hours: Monday – Friday: 7:00am – 8:00pm
Saturday – Sunday: 8:00am – 6:00pm
Insurance: Call For More Information
Important Documents: Make sure to bring Photo ID, Insurance Card, and form of payment (cash, check, credit card)
Phone Number: Phone (808) 456-CARE (2273), Fax: (808) 456-2274
Website: http://www.honolulu-urgentcare.com/
Referral: No

The Medical Corner
Airport Trade Center
550 Paiea Street, Honolulu, HI 96819

**Hours:**
Monday – Friday: 8:00am – 5:00pm  
Saturday – Sunday: 8:00am – 12:00pm

**Insurance:**
Call For More Information

**Important Documents:**
Make sure to bring Photo ID, Insurance Card, and form of payment (cash, check, credit card)

**Phone Number:**
Phone (808) 954-4500

**Website:**
http://www.themedicalcorner.com/old-home-2.asp

**Referral:**
No

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Kailua

660 Kailua Road, Kailua, HI 96734

**Hours:**
Monday – Friday: 8:00am – 8:00pm  
Saturdays: 8:00am – 4:00pm  
Sundays: 8:00am – 12:00pm

**Insurance:**
*Urgent care, family practice, work and auto injuries OK  
*Does NOT accept Medicaid

**Important Documents:**
Make sure to bring Photo ID, Insurance Card, and form of payment (cash, check, credit card)

**Phone Number:**
Phone (808) 954-4500

**Website:**
http://www.themedicalcorner.com/old-home-2.asp

**Referral:**
No

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Kapolei

890 Kamokila Boulevard, Suite 102, Kapolei, HI 96707

**Hours:**
Monday – Friday: 8:00am – 7:00pm  
Saturdays: 8:00am – 4:00pm  
Sundays: 8:00am – 12:00pm

**Insurance:**
Call For More Information

**Important Documents:**
Make sure to bring Photo ID, Insurance Card, and form of payment (cash, check, credit card)

**Phone Number:**
Phone (808) 954-4500
Website: http://www.themedicalcorner.com/old-home-2.asp
Referral: No

Waikiki
1860 Ala Moana Boulevard, Suite 101, Honolulu, HI 96815
Hours: Monday – Friday: 8:00am – 4:30pm
Saturday – Sunday: 8:00am – 12:00pm
Insurance: Call For More Information
Important Documents: Make sure to bring Photo ID, Insurance Card, and form of payment (cash, check, credit card)
Phone Number: Phone (808) 954-4500
Website: http://www.themedicalcorner.com/old-home-2.asp
Referral: No

Waikiki Urgent Care
Bank of Hawai‘i Building, 2155 Kalākaua Avenue Suite 308, Honolulu, HI 96815
Hours: Monday – Friday: 8:30am – 6:30pm
Saturday – Sunday: 8:30am – 5:00pm
Insurance: Call For More Information
Important Documents: Make sure to bring Photo ID, Insurance Card, and form of payment (cash, check, credit card)
Phone Number: (808) 924-3399
Website: http://www.waikikiclinic.org/
Referral: No
**Youth Services**

**Child and Family Service**

**Comprehensive Counseling and Support Services-Central O‘ahu and Leeward**

Available around the state, call for more information

**Services:** CCSS program is a child abuse prevention and treatment program. The program provides a broad array of services to meet the needs of children and families including counseling

**Eligibility:** Children of child abuse

**Fee:** Free

**Phone Number:** (808) 681-3500

**Website:** [http://www.childandfamilyservice.org/](http://www.childandfamilyservice.org/)

**Referral:** Call for more information

**Hui Mālama O Ke Kai Foundation**

**Native Hawaiian Culture Program for Youth**

41-477 Hīhīmanu Street, Waimānalo, HI 96795

**Services:** Keiki and `ohana programs that aim to develop a sense of self through a sense of place. Teaching includes the ahupua`a and the cultural, recreational and environmental resources within it. Focus on Hawaiian history, the mo`olelo of Hawaiian ancestors; engage in cultural practices like oli, mele and hula. The `Ōpio Program (7th-12th grades) participate in ho`okele (navigation) projects and activities, serve as mentors to their younger counterparts and get involved with community service projects perpetuating a cycle of social responsibility and instilling confidence in them.

**Eligibility:** Call for more information

**Fee:** Call for more information

**Phone Number:** (808) 259-2030

**Website:** [http://www.huimalamaokekai.org/](http://www.huimalamaokekai.org/)

**Referral:** Call for more information
Kama‘aina Kids

After school program/Summer program

156 Hamakua Drive, Kailua, HI 96734, various locations around O’ahu

Services: Care sites offer children educational opportunities outside the traditional school curriculum. Activities offered include sports, crafts, drama, music, dance (Hula, Tahitian), mad science, swimming and more

Eligibility: Ages 4-18

Fee: Varies, call for more information

Phone Number: (808) 262-4538

Website: http://www.kamaainakids.com

Referral: Call for more information

Keiki O Ka Aina

Attachment Bio-behavioral Catch-up

3097 Kalihi Street, Honolulu, HI 96819

Services: ABC is a home visiting program for parents, caregivers and their children between the ages of 4 and 20 months of age. ABC participants meet 1 hour per week for up to ten weeks to focus on parent-child bonding and the social well-being of the child

Eligibility: Families with infants, children

Fee: Call for more information

Phone Number: (808) 843-2502

Website: http://www.koka.org

Referral: Call for more information

Waimānalo Health Center

Kū I Ka Māna Youth Mentoring Program

41-1347 Kalaniana‘ole Highway, Waimānalo, HI 96795
Services: Tutoring; alcohol, drug and other drug prevention; character building; health career development; healthy lifestyles (nutrition and exercise); and health education services: `ohana health genealogy, making right choices, and participate in community activities

Eligibility: 4th through 12th grade

Fee: Free

Phone Number: (808) 259-7848, ext. 142

Website: http://www.waimanalohealth.org

Referral: No

State of Hawai‘i Office of Youth Services

Hawai‘i Youth Services Directory

Services: The online directory provides easy access to information about youth programs in Hawai‘i. The searchable database contains listings of government, private, and nonprofit organizations that offer services or activities for youth in Hawai‘i.

Fee: None

Phone Number: Visit Website for more information

Website: http://808youth.com/

Referral: No