

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 For more information on upcoming runs/races/walks please visit: http://www.honolulu.gov/cms-dts-menu/site-dts-sitearticles/983-site-dts-usage-cat/site-dts-usage-2017-cat/25916-july.html Summer registration for Kailua Rec Center /Waimanalo District Park are still being accepted. Visit http://parks.honolulu.gov/sdi/home.html for more information or call ph. 259-8926 Waimanalo Market Co-Op is located at the old Mel's market (in between McDonald's and `Ai Love Nalo), and open Tuesday through Saturday 10a-7p, Sundays from 10am-5pm, and CLOSED Mondays. Waimanalo Health Center events take place at the Goebert Learning Center (GLC), Niu Conference Room (NIU) or WIC Family Room 					Aerobicx 3 9-10am Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Line Dance, Intermediate 6:30-8:30pm Soccer, Indoor 1 (8-12y/o) 3-4p Soccer, Indoor 2 (13-17 y/o) 4-5:30p	2 Makanalani Market (\$\$-Food) 8am-1pm, Benjamin Parker Elementary, Kaneohe	
vvaimar	iaio nealth center events take place at the G	bebert Learning Cente	r (GLC), Niu Conjerence Room (Nio) or Wic	. Furnily Koom			
3 Kailua Town Farmers' Market (\$\$-Food) 8:30-12pm, Kailua Elementary Windward Mall Farmers Market (\$\$-Food) 9:45am-2pm, Macy's Wing	Labor Day WHC CLOSED Aerobicx 1 9-10am Boxing, Keiki and Adults 4-6pm Makanalani Market (\$\$-Food) 4-8pm, Olomana Golf Course	5 Stretch & Dance Club 8:30-9:30am Boxing, Keiki and Adults 4-6pm Hula – Adults 7-8p	6 Aerobicx 2 9-10am Breastfeeding Support Group 10-10:30am, WIC Family Room Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) E Ola Pono Farmers Market (\$\$-Food) 11a-1pm, WHC GLC Windward Mall Farmers Market (\$\$-Food) 2:30-7pm Boxing, Keiki and Adults 4-6pm Alive & Limber 4 to 5pm Line Dance, Beginner 6-8pm	7 People's Open Market (\$\$-Food) 7:15-8:15am, Waimanalo Beach Park 9-10am, Kailua District Park 10:45-11:45am, Kaneohe District Park Kailua Farmers' Market (\$\$-Food) 5- 7:30pm Boxing, Keiki and Adults 4-6pm Hula – Keiki 6:30-7:30p	8 Aerobicx 3 9-10am Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Line Dance, Intermediate 6:30-8:30pm Soccer, Indoor 1 (8-12y/o) 3-4p Soccer, Indoor 2 (13-17 y/o) 4-5:30p	9 Makanalani Market (\$\$-Food) 8am-1pm, Benjamin Parker Elementary, Kaneohe	
10 Kailua Town Farmers' Market (\$\$-Food) 8:30-12pm, Kailua Elementary Windward Mall Farmers Market (\$\$-Food) 9:45am-2pm, Macy's Wing	11 Aerobicx 1 9-10am I Ka 'Olelo, Hawaiian language class, 9-10am, NIU I Ka Hula, Hula & Polynesian dance, 10-11am, NIU Malama Pono'I (Diabetes Prevention Program) 10am-12pm, GLC (Free) Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Mālama Pono'ī, Diabetes Prevent Program 5:00-6:30pm NIU Boxing, Keiki and Adults 4-6pm Makanalani Market (\$\$-Food) 4-8pm, Olomana Golf Course	12 Stretch & Dance Club 8:30-9:30am Boxing, Keiki and Adults 4-6pm Hula – Adults 7-8p	13 Aerobicx 2 9-10am Houpo Pono, Diabetes Group Class 9:30-11:30am, NIU Happy & Hapai 10-10:30am, WIC Family Room Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) E Ola Pono Farmers Market (\$\$-Food) 11a-1pm, WHC GLC Windward Mall Farmers Market (\$\$-Food) 2:30-7pm Boxing, Keiki and Adults 4-6pm Alive & Limber 4 to 5pm Line Dance, Beginner 6-8pm	14 People's Open Market (\$\$-Food) 7:15-8:15am, Waimanalo Beach Park 9-10am, Kailua District Park 10:45-11:45am, Kaneohe District Park Kailua Farmers' Market (\$\$-Food) 5- 7:30pm Boxing, Keiki and Adults 4-6pm Hula – Keiki 6:30-7:30p	15 Aerobicx 3 9-10am Cribs for Kids 10-11am, NIU (Call WIC for more details to register 259-7940) Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Line Dance, Intermediate 6:30-8:30pm Soccer, Indoor 1 (8-12y/o) 3-4p Soccer, Indoor 2 (13-17 y/o) 4-5:30p	16 Makanalani Market (\$\$-Food) 8am-1pm, Benjamin Parker Elementary, Kaneohe	
17 Kailua Town Farmers' Market (\$\$-Food) 8:30-12pm, Kailua Elementary Windward Mall Farmers Market (\$\$-Food) 9:45am-2pm, Macy's Wing	18 Aerobicx 1 9-10am I Ka `Olelo, Hawaiian language class, 9-10am, NIU I Ka Hula, Hula & Polynesian dance, 10-11am, NIU Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Malama Pono`I (Diabetes Prevention Program) 10am-12pm, GLC (Free) YOGA with Laurie Freed 11a-12pm, GLC (FREE) Mālama Pono`ī, Diabetes Prevent Program 5:00-6:30pm NIU Boxing, Keiki and Adults 4-6pm Makanalani Market (\$\$-Food) 4-8pm, Olomana Golf Course	19 Stretch & Dance Club 8:30-9:30am Boxing, Keiki and Adults 4-6pm Hula – Adults 7-8p	20 Aerobicx 2 9-10am Houpo Pono, Diabetes Group Class 9:30-11:30am, NIU Breastfeeding Support Group 10-10:30am, WIC Family Room Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) E Ola Pono Farmers Market (\$\$-Food) 11a-1pm, WHC GLC Windward Mall Farmers Market (\$\$-Food) 2:30-7pm Boxing, Keiki and Adults 4-6pm Alive & Limber 4 to 5pm Line Dance, Beginner 6-8pm	21 People's Open Market (\$\$-Food) 7:15-8:15am, Waimanalo Beach Park 9-10am, Kailua District Park 10:45-11:45am, Kaneohe District Park Kailua Farmers' Market (\$\$-Food) 5- 7:30pm Boxing, Keiki and Adults 4-6pm Hula – Keiki 6:30-7:30p	22 Aerobicx 3 9-10am Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Line Dance, Intermediate 6:30-8:30pm Soccer, Indoor 1 (8-12y/o) 3-4p Soccer, Indoor 2 (13-17 y/o) 4-5:30p	23 Makanalani Market (\$\$-Food) 8am-1pm, Benjamin Parker Elementary, Kaneohe	
24 Kailua Town Farmers' Market (\$\$-Food) 8:30-12pm, Kailua Elementary Windward Mall Farmers Market (\$\$-Food) 9:45am-2pm, Macy's Wing	25 Aerobicx 1 9-10am I Ka `Olelo, Hawaiian language class, 9-10am, NIU I Ka Hula, Hula & Polynesian dance, 10-11am, NIU Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Mālama Pono T, Diabetes Prevent Program 5:00-6:30pm NIU Boxing, Keiki and Adults 4-6pm Makanalani Market (\$\$-Food) 4-8pm, Olomana Golf Course	26 Stretch & Dance Club 8:30-9:30am Boxing, Keiki and Adults 4-6pm Hula – Adults 7-8p	27 Aerobicx 2 9-10am Houpo Pono, Diabetes Group Class 9:30-11:30am, NIU Happy & Hapai 10-10:30am, WIC Family Room Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) E Ola Pono Farmers Market (\$\$-Food) 11a-1pm, WHC GLC Windward Mall Farmers Market (\$\$-Food) 2:30-7pm Boxing, Keiki and Adults 4-6pm Alive & Limber 4 to 5pm Line Dance, Beginner 6-8pm	People's Open Market (\$\$-Food) 7:15-8:15am, Waimanalo Beach Park 9-10am, Kailua District Park 10:45-11:45am, Kaneohe District Park Kailua Farmers' Market (\$\$-Food) 5- 7:30pm Boxing, Keiki and Adults 4-6pm Hula – Keiki 6:30-7:30p	29 Aerobicx 3 9-10am Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Line Dance, Intermediate 6:30-8:30pm Soccer, Indoor 1 (8-12y/o) 3-4p Soccer, Indoor 2 (13-17 y/o) 4-5:30p	30 Makanalani Market (\$\$-Food) 8am-1pm, Benjamin Parker Elementary, Kaneohe	